

# **FOR MORE INFORMATION:**









This program is funded in part by the Alabama Department of Senior Services in conjunction with the Alabama Medicaid Agency and Area Agencies on Aging.

# Alabama Medicaid Elderly & Disabled Waiver Program

Home & Community-Based Care



The Medicaid Elderly and Disabled Waiver Program is designed to provide services to seniors and those with disabilities whose needs would otherwise qualify for placement in a long-term care facility.

Our goal is for clients to retain their independence by providing services that allow them to live in the communities they love for as long as possible.

# The Medicaid Elderly & Disabled Waiver Program serves children and adults of ALL AGES!

# Who Can Qualify?

This program is for people who qualify for Medicaid financially AND who would require placement in a long-term care facility if they did not get help in their home. In addition to meeting the criteria for nursing facility level of care, the financial requirement must be met to qualify for the Waiver.

This can be done if you are eligible for one of the following groups:

- SSI Recipients,
- SSI-related protected groups,
- Federal or State Adoption Subsidy, **OR**
- You meet the income limit requirements provided by Medicaid which can change year to year. For more information on the current limits call 1-800-362-1504.

# What does this program cost?

There is no out-of-pocket cost to you for these services. Additionally, these services do not affect your eligibility to receive other benefits, such as: SSI, Medicare, food assistance, etc.

# How much help can I get?

The amount of services you can get will be determined by the level of care that you need to stay at home and how much help you already receive. The Waiver is supposed to support, not replace, the care you are already getting.

# How do I get approved for services?

To get started, contact your Area Agency on Aging to apply. A case manager will give you information and explain the process.

# What happens after someone is approved for the Waiver?

A case manager works closely with the client to examine what the client needs to be able to safely remain at home. A care plan is developed which outlines the services that the client is going to receive.

To apply for the Medicaid Elderly & Disabled Waiver Program, call 1-800-AGE-LINE (800-243-5463).

# What kind of help is available?

#### **Case Management:**

A case manager is a person who gets to know the client and what help they need to remain safely at home. The case manager makes changes in services when needed and keeps the client informed of all available resources.

#### **Personal Care**

Personal care services are to help clients with daily activities such as bathing, dressing and eating.

#### **Homemaker Services:**

A homemaker can provide services that will help maintain a safe and clean environment.

#### **Companion Services**

Companion services are for clients who cannot perform activities of daily living without additional support or supervision.

### **Respite Care**

Respite service provides relief for caregivers who care for individuals who are unable to care for themselves. This can include skilled and unskilled care.

#### **Adult Day Services** (where available)

Adult day services are available in some areas and are designed to maintain and promote the health of the client through individual and group activities.

#### **Nutrition & Meals**

This service is designed to provide meals if needed. Each meal provides approximately 1/3 of the recommended daily nutritional values set forth by national standards.