Monthly Newsletter for the Employees of Central Virginia Training Center

October 2016

In This Issue:

- CVTC Blood Drive
- Free Flu Shots
- New HR Director
- LMS UPdate

Burnetta Returns Home

In 2012, Southside Virginia Training Center (SVTC) in Petersburg, Virginia, was the first training center slated to close. As SVTC neared its closing date and community homes had not been found for everyone, a number of individuals transferred to Central Virginia Training Center (CVTC). In April 2014, Burnetta Branch, after living at SVTC for almost 43 years, came to live at CVTC. Burnetta entered the discharge process for CVTC almost a year later with her initial pre-move meeting being held on April 22, 2015. Burnetta's family was uncertain at first about moving her again so soon, especially when the move this time was to a community home. Burnetta's sister, Gloria, acts as her Authorized Rep-



resentative; and although she does not reside in Virginia, she knew she wanted her sister to return to their home community of Petersburg or the surrounding area, where other family and friends continued to live. Burnetta's sister was very involved in the discharge process and attended several meetings in person and via phone. She toured many different providers in the Richmond, Petersburg, and Chesterfield areas and discussed all options with other family members before deciding on Rivers Health's new home, Fern Court, in Dinwiddie, Virginia.



Burnetta was able to move to her new home with Rivers Health on October 21, 2015. In the year that she has been in her community home, Burnetta has done very well. She lives in a co-ed home with three other individuals who all require similar supports. Burnetta enjoys spending time rocking in her chair, interacting with her peers and spending time outside on the back deck where she can observe the nature around her. Burnetta enjoys being around her housemates and staff. She loves the color pink and has a fabulous girly bedroom.

Burnetta has been able to enjoy many exciting community outings, such as going to the Dinwiddie county fair, movies, the Christmas Parade, shopping, the library, the beautician, nail salon, the zoo, and Battlefield State Park.

In the home, Burnetta has enjoyed having home cooked meals. She has maintained good health and has actually gained about ten pounds, which staff who worked with her at CVTC knows, is a great accomplishment. She has also been introduced to wiping the kitchen table off after meals with hand over hand assistance from staff and is doing very well with that task. Introduction to home cooked meals and learning new tasks are just a couple of the new and exciting things that await our individuals as they transition to their new community homes.

Since moving to her new home, Burnetta has enjoyed visits from her brother and sister and is able to spend time with family members through Face Time as well. There are some individuals residing at CVTC who do not have the ben-



efit of having regular family involvement such as Burnetta had throughout the discharge process and even following discharge. Through family involvement and other stakeholders, Burnetta was able to return to her home community, which can be very important in helping the individuals maintain contact with family and friends. Everyone can agree that it is very important to an individual's emotional and physical wellbeing for them to have relationships with their family and friends.

Carla Scott, Post Move Monitoring Coordinator



Fall Festival 2016

On behalf of the participants and family members who took part in our Fall Festival, we extend our utmost gratitude to the many on-campus volunteers who gave of their time and energy to make it a fun-filled day for all. With games, prizes, music, picture-perfect weather and, of course, popcorn and cookies made with love by our kitchen staff, the 2016 Fall Festival was an ideal way to usher in the holiday season here at CVTC.

Recreation and Volunteer Services



Thanks to everyone who donated at the blood drive on October 12th. The recent hurricane forced the cancellation of many blood drives and donation appointments along the East Coast, causing a deficit in available blood. CVTC employees stepped up and made a difference!



Elsie is one of many CVTC employees who donated. A single donation (1 pint) can save up to three lives!

October Activities

Rick Dellinger

October 18; 7:00 PM

Paint Night

October 20, 7:00 PM

Halloween Dance & Costume Contest

October 27, 7:00 PM

Trunk or Treat

October 31, 1:30 PM to 3 PM, Nagler Parking Lot

All activities will be held in the Nagler Multipurpose Room (Canteen), unless otherwise noted.



For full time employees and family members 18 and older, and retirees (who carry insurance through the state):

Dates: October 19, 6:00 AM to 6:00 PM

October 20, 6:00 AM to 6:00 PM

October 26, 7:00 AM to 3:30 PM

Location: Nagler, Room 106

For all part time employees who do not carry insurance through the state and new employees who have not yet received their insurance cards:

Dates: October 12, 6:00 AM to 6:00 PM

October 13, 6:00 AM to 6:00 PM

October 18, 7:00 AM to 3:30 PM

Location: Employee Health, Bradford, Room 134

Remember:

If you have an allergy to chickens/eggs, please consult with your personal physician regarding your need for flu vaccine

Please notify and provide documentation to Sonya Mohr, RN, Employee Health Nurse, at 947.6737 if you have received your flu vaccine from another location.

Full time employees, family members and retirees must provide their insurance card at the time of vaccination.

Campus Connection Submissions

If you would like to submit an article, announcement, or a note in the "Personals", contact Dianne Young via e-mail, campus mail, or by calling 7.2149. All submissions must be approved by the editorial staff and may be edited for space. Deadline for the November issue is October 26.





New Human Resources Manager On Board at CVTC

CVTC welcomes Dr. Shameka Davenport as the new Human Resources Manager.

Dr. Davenport has worked for Campbell County since 2002, in various positions from benefits administrator to human resources generalist to most recently, Human Resource Director. She has taught human resource management courses as an adjunct professor both in the classroom and online for Lynchburg College, Southern New Hampshire University, Northcentral University and Colorado Technical University.

She received her Ph.D. in Applied Management and Decision Sciences from Walden University, Minneapolis, Minnesota, her Master's in Management/Human Resource Management from University of Phoenix and her Bachelor's in Sociology from Lynchburg College.

CVTC Welcomes New Employees

Please welcome DSPs Derhonda Graybill and Shawnee Lent, who were hired in September, and make them feel at home.



Educational Assistance

The Educational Assistance Committee meets on the second Tuesday of the month. The next meeting will be held on November 8. Applications must be approved prior to course starting date by the Supervisor and Building Manager, Department Head, Educational Assistance Committee and the Facility Director. Applications must be sent to Staff Development and Training no later than the Monday preceding the meetings. Information regarding educational assistance is included in Policy Pointers as part of LMS training.

Employees Must Complete Annual Health Screening Survey

Don't forget to turn in your completed Annual Health Screening form by October 18 to Sonya Mohr, Employee Health Nurse, Bradford, Room 129. If you fail to return the Annual Health Survey by the deadline, notification will be sent to your Department Head/Building Manager and copied to HR each week until your survey has been submitted.

Peer Council Meeting

The Peer Council will meet on October 18, at 2:00 PM in Nagler, Room 106





LMS courses for the 2016-2017 <u>will not</u> be posted until DBHDS completes the blackout and upgrade of the LMS system.

The blackout date has changed several times while DBHDS continues to ensure all the systems issues are resolved.

All CVTC staff will receive notice of the blackout dates from Staff Development & Training when those dates become available.

Thanks for your patience and understanding while DBHDS completes this project.

Continue to login to a state computer using your COV login and password to keep your COV account enabled.

CVTC Staff Development and Training