Children of Incarcerated Parents

November 6, 2007 Davis

A unique workshop that provides valuable support tools for people living or working with children of incarcerated parents

> NORTHERN CALIFORNIA Training Academy Supporting Children & Family Services



Children of Incarcerated Parents

Regardless of the circumstances, children mourn the loss of their incarcerated parents. Children are traumatized by separation from their parents, confused by the parents' actions and stigmatized by the shame of having an incarcerated parent. Children in out-of-home placement as a result of incarcerated parents have many special needs. Social workers are faced with trying to provide services for these children as well as help them maintain a relationship with their parents, families, institutions and other contacts.

This workshop provides social workers, resource families and other service providers with essential skills for responding to the needs of children of parents who are in prison. Workshop discussions enable participants to assess their training needs—to identify strengths and determine where more attention may be needed.

Topics include:

- determining one's biases
- applying knowledge and information to specific children and families
- how secrets, judgments and individual agendas interfere with trust
- obstacles in effectively answering children's questions

This workshop also highlights the impact of parental incarceration and involvement in the criminal justice system on children and families across the nation. The "Bill of Rights for Children of Incarcerated Parents," written by service providers and children in San Francisco, is presented as a tool to form a sensible and sensitive basic plan of action for social service agencies, law enforcement agencies, legislative bodies, foster parents and others working with these "children of promise." Local application and an initial Plan of Action for addressing the Bill of Rights is also explored.

Facilitated by national experts Ann Adalist Estrin and Peter Breen, the workshop showcases keynote speaker Nell Bernstein, author of "All Alone in the World, Children of the Incarcerated."

Who should attend

- social workers
- ILP coordinators
- childcare workers
- foster parents
- mental healthcare workers
- public health workers
- Probation officers
- nonprofit agency representatives
- police officers
- kinship caregivers
- teachers
- student counselors

Date and time

Tuesday, November 6, 9 a.m.-4 p.m. Registration and check-in is at 8 a.m.

Location

Buehler Alumni and Visitors Center, Old Davis Rd., UC Davis.

Cost

This workshop is offered at no cost to participants. Continental breakfast will be provided. Lunch is on your own.

Professional credit

CEU: Participants receive .6 continuing education unit (CEU) from the University of California, Davis. One CEU is awarded for each 10 hours of class time.\

BBS: This workshop meets the qualifications for 6 hours of continuing education credit for M.F.T.s and/or L.C.S.W.s as required by the California Board of Behavioral Sciences, Provider number PCE-577.

BRN: This workshop provides 6 contact hours approved by the California Board of Registered Nursing, Provider number BRN00046.

Children of Incarcerated Parents: • A Bill of Rights •

 I have the right to be kept safe and informed at the time of my parent's arrest.

2. I have the right to be heard when decisions are made about me.

3. I have the right to be considered when decisions are made about my parent.

4. I have the right to be well cared for in my parent's absence.

5. I have the right to speak with, see and touch my parent.

6. I have the right to support as I face my parent's incarceration.

7. I have the right not to be judged, blamed or labeled because my parent is incarcerated.

8. I have the right to a lifelong relationship with my parent.

About the presenters

Ann Adalist Estrin, M.S., director of the National Resource Center on Children and Families of the Incarcerated, is an author, speaker, trainer and consultant to a wide variety of agencies serving children and families in both the U.S. and Canada. In addition, she is a child and family therapist and the founder of the Parent Resource Center in Wyncote, Pa. She is the author of the Children of Prisoners Library and co-author of "Responding to Children and Families of Prisoners: A Community Guide." Estrin also works as a trainer at the Boston University School of Medicine and an affiliated trainer with Family and Corrections Network, based in Virginia. Additionally, she teaches at Holy Family College and Gratz College, both in Pennsylvania, for graduate teachers on dealing with issues of children of incarcerated parents.

Nell Bernstein is an award-winning journalist and former Soros Justice Media Fellow at the Open Society. Her many articles have appeared in The Washington Post, Mother Jones, Newsday, Child Welfare and many other national publications. Currently Bernstein is the coordinator of the San Francisco Children of Incarcerated Parents Partnership, where she provided the editorial expertise needed to produce "The Bill of Rights." Most recently, she wrote the nationallyacclaimed book, All Alone in the World – Children of the Incarcerated, which is required reading in many human services university courses.

Peter Breen is a senior fellow with the Child Welfare League of America. He brings almost 45 years of experience in the public child welfare field, where he started as a child welfare worker in South Central Los Angeles and retired as the county welfare director in Marin County after 25 years of public service. Breen then served as executive director of Centerforce, a nonprofit agency based at San Quentin State Prison where he managed the visitor center programs at 33 state prisons which facilitated more than 300,000 child visits each year. He is a founding member of the National Resource Center for Children of Incarcerated Advisory Board in Washington, D.C. In addition, Breen has written articles, trained and consulted on this child welfare program across the United States for the past two decades.

Kris Weigel works as a case manager for Friends Outside, a national organization which provides services to inmates, ex-offenders, their families and communities. She joined the staff of Friends Outside as a project member at San Quentin State Prison. Most recently, she contracted with the San Francisco Human Services Agency to develop a project designed to facilitate the implementation of juvenile court requirements by coordinating child welfare cases where a parent(s) is incarcerated.





About the Northern California Training Academy

The Northern California Training Academy provides training, technical assistance and consultation to 33 counties in Northern California. The counties include frontier, rural and urban counties with various training challenges for child welfare staff. With a focus on integrated training across disciplines, the academy's programs provide high-level competency in services for families and children. The Northern California Training Academy is funded by the California Department of Social Services.



About The Center for Human Services

The Center began in 1979 with a small grant to train child welfare workers in Northern California. It has grown to become an organization that offers staff development and professional services to public and private human service agencies throughout the state. The Center combines a depth of knowledge about human service agencies, a standard of excellence associated with the University of California, extensive experience in developing human resources and a deep dedication to public social services.



Enrolling is Easy!	Participant information:		
Online at www.humanservices.ucdavis.edu/academy.	First name Last name	le	
Fax completed form to Amy Spakosky at (530) 752-6910. Mail completed form to The Center for Human Services c/ o	Are you a county employee? 🗖 yes 🗖 no		
Amy Spakosky, UC Davis Extension, University of California, 1632 Da Vinci Court, Davis, CA 95618.	Agency/Department name		
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