

Maryland Commission on Human Relations Preparation for Mediation

Here are some questions you may want to think about before coming to your mediation session.
You are NOT required to complete this form - it is an aid for your use only.

1. What are the problems or issues to be addressed? From my point of view/ from their point of view?
2. What can I do to make things better? What can they do?
3. What do they need to know to understand my perspective and what is important to me?
4. What do I need to know to understand their perspective and what is important to them?
5. What common ground is there between us?
6. What are **possible options** to resolve the above problems or issues?

If there are some questions that you are unable to answer at this time, please continue to review the questions because you may find that you are able to answer the questions as it gets closer to your mediation or during the mediation session. This form is also available on line at <http://www.mchr.maryland.gov/mediate.html>