



FIRST ARMY

FIRST IN DEED



TRAINING FOR TODAY'S
REQUIREMENTS AND
TOMORROW'S
CONTINGENCIES

2012 - 2014

First Army

First Army, commanded by Lt. Gen. Mick Bednarek, serves as Forces Command's (FORSCOM) executing agent for Reserve Component (RC) training support. First Army provides training support in accordance with FORSCOM priorities to best support RC training requirements.

First Army's core competency is designing and conducting collective training and exercises to train Soldiers, staffs and command teams. Our Trainer/Mentors provide training support to RC forces to achieve and sustain training readiness.



Mission

The mission of First Army is to advise, assist and train RC units during pre-mobilization periods. We conduct mobilization, training support, readiness validation, and deployment of alerted forces. We execute demobilization of RC forces in accordance with Department of the Army and FORSCOM directives. We provide trained and ready forces in support of the Army Force Generation model. As directed, provide training to Joint, Combined, Inter-agency and Active Army forces.

Who We Are

First Army is a multi-component organization composed of approximately 10,000 Active Duty, Active Duty Guard and Reserve, Army Reserve Troop Program Unit Soldiers and Department of the Army Civilian personnel. Full-time personnel make up approximately one-quarter of our total strength. The remainder of our total strength is Army Reserve personnel in Army Reserve units under the operational control of First Army. These personnel are utilized in both mobilized and non-mobilized status to provide training support to Army and Joint Forces.



Organizational Structure

First Army is comprised of a Headquarters (Rock Island Arsenal, Ill.), two divisions (Divi-

sion East at Fort Meade, Md., and Division West at Fort Hood, Texas), 16 training support brigades (TSBs) located at nine mobilization force generation installations (MFGIs) (Joint Base McGuire-Dix-Lakehurst, N.J.; Camp Atterbury Joint Maneuver Training Center, Ind.; Camp Shelby Joint Forces Training Center, Miss.; Fort Hood, Texas; Fort Bliss, Texas; Fort Stewart, Ga.; Fort Knox, Ky.; Fort McCoy, Wis.; and Joint Base Lewis-McChord, Wash.), and 103 training support battalions located throughout the continental United States.

Who We Train



In Fiscal Year (FY) 2012, First Army trained more than 54,000 Soldiers, Sailors and Airmen, organized into more than 540 unit requirements with diverse missions, ranging across the operational spectrum in support of Combatant Commander requirements around the globe. Missions include: Expeditionary Sustainment Commands, Brigade Combat Teams conducting Unified Land Operations, Combat Aviation Brigades, Brigade Security Forces, Counter-Rocket Artillery and Mortar, Counter-IED, Base Camp Command and Control, Engineer Route Clearance, Security Force Assistance and Advisor Teams, the Air Defense mission in the National Capital Region, and two-person

Unit Ministry Teams. Since 9/11, First Army has mobilized, trained, validated and deployed almost 800,000 Soldiers, Sailors, Airmen and civilian interagency personnel.

What We Train

First Army provides training across a broad set of mission requirements, ranging from Operation Enduring Freedom in Afghanistan (OEF), Kosovo Force (KFOR), the Multi-National Force and Observers in the Sinai (MFO), the Horn of Africa (HOA), Guantanamo Bay (GTMO) and Homeland Security Response Forces. We also provide training support to Army Reserve and Army National Guard formations during their annual training periods in support of collective training exercises.



in support of collective training exercises.

Division East Training Support

In FY 2012, mobilized and trained more than **26,000** Soldiers.

Division East mobilizes, trains, validates, deploys and demobilizes Reserve Component (RC) units at three MFGIs: Camp Atterbury, Camp Shelby and Joint Base McGuire-Dix-Lakehurst. Additionally, Division East provides training support to RC units that are not mobilized — providing advice, assistance and training to increase and sustain RC unit readiness levels. Last year, Division East executed post-mobilization training in support of the following combatant commander requirements:

Kosovo Forces Training Mission (KFOR)



Division East mobilizes, trains, validates and deploys all RC units assigned to assist in stability operations to joint and multi-national forces to meet the European Command force requirements in Kosovo. This mission is in its 12th year, and has the end state of ensuring normal relations and improving security throughout the Balkans. While this mission will primarily have an active duty sourcing solution after this year, RC forces will continue to support and First

Army Division East will retain this training mission.

NATO Training Mission Afghanistan Mission (NTM-A)

Division East developed and implemented a training program of instruction for the training and mentoring teams deploying to Afghanistan. These teams are trained to conduct mentorship and training of the Afghan Security Force Kandaks to alleviate pressure from inbound Coalition Operational Mentor and Liaison teams.

Horn Of Africa Training Mission (HOA)

Soldiers deployed to the Horn of Africa conduct sustained security engagement through military-to-military programs, military-sponsored activities, and other military operations, as directed.

Agribusiness Development Teams (ADT)

ADTs are small teams of National Guard Soldiers with agricultural expertise who deploy to provide basic agricultural education and services in support



of stability operations for the people of Afghanistan. Division East partners with USAID, USDA and land grant universities to provide the most current and relevant training for these agricultural specialty missions.

Multi-National Force and Observers (MFO)

The MFO mission resulted from the Camp David Peace Accords signed in 1978. Since 2005, First Army has trained, validated and deployed units to support the peace keeping mission in the Sinai. Units deployed to MFO maintain a vigilant watch to verify that Egypt and Israel abide by the terms of the peace accords.

Unified Land Operations Brigade Combat Teams

Division East is the primary trainer of Reserve Component Brigade Combat Teams (BCT) for deployment worldwide to provide the full range of military options. These BCTs conduct training on individual and squad level tasks during pre-mobilization using their organic resources and training support from Division East. At the MFGI, the unit conducts platoon through company level training including day and night live fire exercises to prepare the unit to conduct a rotation at one of the Army's Combat Training Centers prior to their deployment to the theater of operations.

Provincial Reconstruction Teams (PRT)

Provincial Reconstruction Teams are multi-component, joint, and interagency organizations trained by Division East to support reconstruction efforts and empower local governments in Afghanistan. First Army, in conjunction with the combatant commander and governmental agencies, developed the prototype training plan for these teams and continues to improve the training based on feedback from the teams and theater. This one-of-a-kind training has been conducted since January 2006.



Joint Sourcing Training Oversight (JSTO)

First Army began training airmen and sailors to execute ground-based missions in 2004. These joint service units are trained on a mix of survival, first aid, combat service and combat service support skills that prepare them to operate and perform their assigned missions in theater. Last year, Division East trained approximately 12,000 Navy, Air Force and Coast Guard personnel.



189th IN BDE
191st IN BDE
Joint Base
Lewis-McChord, WA

181st IN BDE
Fort McCoy, WI

First Army HQ
Rock Island
Arsenal, IL



First Army Division West
Fort Hood, TX

5th AR BDE
402nd FA BDE
Fort Bliss, TX

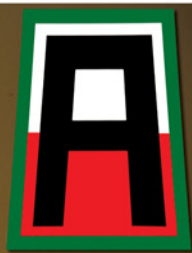
120th IN BDE
166th AVN BDE
479th FA BDE
Fort Hood, TX



U.S. ARMY

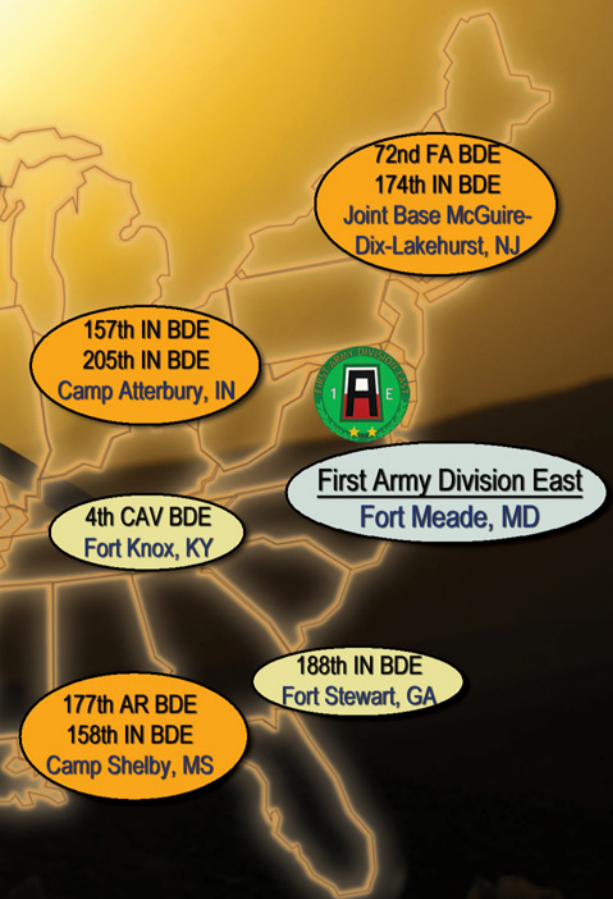


2 Divisions
16 Brigades
103 Battalions
(located throughout the U.S.)



FY 2012 Mobilized: 54,000
Projected FY 2013 Mobilization Load: 45,000
Projected FY 2014 Mobilization Load: 33,000

FY 2012 CEF Load: 30,900
Projected FY 2013 CEF Load: 38,800
Projected FY 2014 CEF Load: 60,700



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Division West Training Support

In FY 2012, mobilized and trained more than **28,000** Soldiers.

Division West mobilizes, trains, validates, deploys and demobilizes Reserve Component (RC) units for deployment around the world at two MFGIs at Fort Bliss and Fort Hood. We also provide training support to RC units that are not mobilized — providing advice, assistance and training in order to increase and sustain RC unit readiness levels. Last year, Division West executed post mobilization training in support of these combatant commander requirements:

Engineers

Engineer units must be proficient as dismounted squads to conduct combat operations under fire during day and night. Division West conducts pre-deployment training for Engineers, training critical and theater specific skills, using subject matter experts from the Army centers of excellence and returning veterans to ensure units and Soldiers are proficient in the latest techniques, tactics and procedures (TTPs) prior to deployment.

Explosive Ordnance Disposal (EOD)

Of the many dangers on today's battlefield, improvised explosive devices (IED) have statistically proven to be one of the most hazardous. The array of variables that can be present on any mission only adds to a sense of the unknown. With the enemy using new IEDs and technologies, EOD training provided by Division West leverages counter IED technology and school house subject matter experts to adapt pre-deployment training to the changing battlefield dynamics.

Transportation

Division West trains transportation units to execute individual, collective and battle staff transportation tasks in a realistic contemporary operating environment that replicates theater conditions. Units conduct extensive training on IED-Defeat skills as well as medical evacuation tasks. Training is designed to focus units on theater conditions to allow units to identify and react to roadside bombs, small arms fire and rocket attacks as they lead their formations through convoys and employ convoy security.



Signal Corps

Without access to landlines and the Internet, units in the Army would struggle to operate effectively. As signal support Soldiers train, they hone skills that provide communication for command elements to continue operations and monitor the progression of their units on the battlefield. These signal skills enable units to provide critical communication capabilities to the warfighter.

Mission Command

Division West is the primary trainer of one and two star commands that mobilize to support combatant commander requirements. In 2012, Division West trained the 3rd Expeditionary Sustainment Command from Fort Knox, Ky., for deployment to Afghanistan. Division West also trained and deployed an Expeditionary Sustainment Brigade, a Regional Support Group, Medical Brigades, Sustainment Brigades, Maneuver Enhancement Brigades, Aviation Brigades and an Expeditionary Signal Brigade to execute functional as well as mission command responsibilities in Afghanistan. In order to train these organizations, Division West, with support from Mission Command Training Program (MCTP), conducts a series of command post exercises using numerous unique scenarios complete with realistic and relevant injects and possible branches and sequels to inculcate units in the art and science of operational mission command.



Sustainment Commands

Expeditionary Sustainment Command missions require these units to manage complex theater sustainment operations at the strategic and operational level. Sustainment Brigades support the theater on the tactical level. Sustainment units undergo rigorous command post exercise training designed to hone their technical and battle staff skills prior to executing a robust culminating training event.

All Medical Units

Realistic and relevant medical training saves lives on the battlefield. Division West provides pre-deployment training for all RC medical units and has developed an impressive training regimen to train units for these critical missions. First Army also serves as FORSCOM's executing agent to design and oversee culminating training events for selected Active Component (AC) Medical Brigades.

Aviation

Division West's 166th Aviation Brigade's mission is as important as it is unique — the 166th is the only First Army training support brigade with the skills and subject matter experts required to validate RC aviation units for deployment. The capability to train RC aviation is critical to meeting the combatant commander requirement for aviation support. More than 47 percent of all Army aviation is in the RC. Division West, the 166th Aviation Brigade, and Fort Rucker partner to provide the technical individual, crew, collective and environmental training units need to be successful on the battlefield.



First Army Training Support

Demobilization

First Army not only deploys RC forces, it also demobilizes units and Soldiers and returns them to their communities and homes after deployment. The Army developed and instituted a number of important medical initiatives in 2010 that improved demobilization for all returning warriors and established a standard across all demobilization installations. These initiatives included: establishing a roadmap of care for Soldiers, Commanders, and providers to identify, discuss and address medical issues and needs; providing appropriate transition to further required care; performing periodic health assessments at the demobilization site; increasing behavioral health screening for all Soldiers; and partnering with the U.S. Department of Veterans Affairs and TRICARE Management Activity (TMA) to update the Soldier's benefit brief. This improved process has positively impacted more than 1800 units and 60,000 Soldiers since it was implemented in FY 2011. Additionally, First Army endeavors to support programs that mitigate the unemployment challenges faced by returning RC Soldiers by providing new services based on emerging transition law and policy requirements.

Operation Forward Presence

Operation Forward Presence provides First Army Soldiers in theater as Liaison Officers/NCOs and Trainer/Mentors to support the combatant commander and provide First Army trainers with practical, relevant and near real-time data on TTPs. This information is used to improve the training for mobilizing units and leaders prior to deployment. Currently First Army personnel are deployed to Kuwait and Afghanistan to support the National Training Mission - Afghanistan.

Security Force Assistance Advisor Teams (SFA AT)

First Army participated in this critical war-time mission, along with our Army's Active Component divisions, by deploying 14 teams of senior officers and non-commissioned officers during FY2012 to train, mentor, and assist Afghan Army and Police units as they conduct security operations. Four additional First Army teams will deploy for this mission in FY 2013. This is a unique mission for First Army Trainer/Mentors—one they are well suited to perform.

First Army is currently training and preparing more than 550 Army National Guard Soldiers from Hawaii's 29th Infantry Brigade Combat Team (IBCT) and Texas' 56th IBCT for a FY13 SFAAT mission in Regional Command-South (RC-S). These two National Guard brigades will deploy a total of 47 SFAATs who will train ANSF at levels ranging from Regional Coordination to the District Uniform Police level.



Multi-Component Training

First Army continues to train select AC Military Police units on detainee operations, and Joint units for deployment. First Army, working with FORSCOM and Training and Doctrine Command, in the future will also support increased training to the AC while continuing to perform its core mission to provide training support to RC units.

Contingency Expeditionary Forces (CEF)

First Army is the Army's bridge between our current Deployment Expeditionary Forces (DEF) and our emerging Contingency Expeditionary Forces (CEF) training to support the long term readiness of our Nation's RC capabilities. Similar to Active Component units, RC units provide combatant commanders a full range of predictable, prioritized and flexible mission capabilities and are ready to deploy to any global contingency. CEF training strategies encompass training at home station, regional training centers and mobilization training centers nationwide. For example, in FY 2012, Division West trained the 81st HBCT during an eXportable Combat Training Center (XCTC) exercise at Yakima, Wash., while Division East trained 1700 Soldiers from a variety of Army Reserve units during Combat Support Training Exercises (CSTX) at Fort McCoy, Wis. Other examples of CEF exercises include Warrior Exercises (WAREX) and Brigade Full Spectrum Exercises (BFSX).

First Army CEF training support increases readiness for RC units; improves pre-deployment readiness, visibility and reporting; sustains a predictable CEF support strategy; and reinforces the Army's Soldier/Leader development programs.

FIRST ARMY

SOLDIER AND FAMILY SUPPORT AND SERVICES INFORMATION:

MILITARY ONE SOURCE

WWW.MILITARYONESOURCE.MIL

1.800.273.8255

**(OR 1.800.342.9647 FOR INTERNATIONAL
CALLING OPTIONS)**

HERO 2 HIRED

[HTTPS://H2H.JOBS/](https://h2h.jobs/)

(YELLOW RIBBON AND ESGR SUPPORTED)

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WWW.GIFTSTOARMY.ARMY.MIL

EMPLOYER PARTNERSHIP

WWW.EMPLOYERPARTNERSHIP.ORG

PRESIDENT'S UNITED WE SERVE - VA VOLUNTEER SERVICE -

WWW.VOLUNTEER.VA.GOV/UNITEDWESERVE.ASP

**(CONTACT LOCAL VA VOLUNTEER SERVICE OFFICE
FOR MORE INFORMATION)**

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