



April 2011

Fort Greely INTERCEPTOR



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Survivor Outreach Services:

By LTG Rick Lynch
IMCOM Commander

I commanded the 3rd Infantry Division out of Fort Stewart as part of the surge in Iraq in 2007-8. During that time, 153 Soldiers died in combat, in a place on the battlefield where I put them. I pray for those Soldiers and their Families every day. Their loss is something I have to live with. For any leader, the loss of a Soldier hits hard. But the loss that Survivors experience is magnitudes deeper and wider, because they have lost not just a Soldier, but a friend, a son or daughter, a husband or wife, a father or mother.

When I visit installations, I meet with those who have lost loved ones on active duty. I make sure to talk with Survivors for two reasons. One reason is that now, as the commander of Installation Management Command, I need to know how we are doing with one of our newest programs, Survivor Outreach Services. The other reason is that Survivors need to know that the Army recognizes and honors their Soldier's service and sacrifice.

The best, most meaningful thing we can do to honor our Fallen Soldiers is to support and care for those they left behind. Survivor Outreach Services was established in April 2008 to do just that, in a more comprehensive manner than ever before.

The Army is fortunate to have a leader like Chief of Staff Gen. George W. Casey, Jr., who had the vision and compassion to propel the effort to support Survivors beyond casualty assistance alone. Casualty assistance officers work

the United States and overseas, to include National Guard and Reserve locations. The three components work and train together very closely on this One Army program, to provide SOS services closest to where Survivors live.

It does not matter how a Soldier died, and there is no time limit on SOS services. SOS coordinators extend a hand as Survivors are working with casualty assistance officers in the first few months after a Soldier's death, but Survivors do not have to accept assistance right then or ever. They can decide to return months or years later. The important thing is for Survivors to know that the support is there. They are not alone—they are part of the Army Family for as long as they want to be.

There are also no exclusions in the definition of a Survivor. For the SOS program, a Survivor is anyone—immediate Family, extended Family, a friend, a fellow Warrior—who feels the loss of a Soldier. Every Survivor is not entitled to the same benefits under law or regulations, but SOS coordinators will work with any Survivor to access counseling and other resources. Our partnerships with local and national support organizations make this more expanded, inclusive approach possible.

SOS staff have made tremendous progress in a short time, receiving more than 24,000 cases from Casualty and Mortuary Affairs and continually reaching out to Survivors, both those who have suffered a loss recently and those whose loss pre-dates the program. As the program becomes established, they continue to refine and enhance services as more Survivors provide feedback on their challenges and needs. For example, this past year, when it became clear that Survivors who do not have ID cards were having difficulty getting onto post to use services, SOS developed a Survivor vehicle decal program to ease access and provide special recognition. The decals are currently being distributed through SOS offices.



with Families during a very difficult time, a heart-rending time, when Families are notified of their Soldier's death and have to make funeral arrangements and decisions about entitlements and benefits.

But grief is very personal—it cannot be standardized or resolved in a set time period. With the help of a panel of Survivors selected by Gen. Casey, SOS was developed to provide longer-term, expanded support and care, taking up where casualty assistance ends.

SOS offers support through benefits coordinators, who help Survivors understand and apply for local, state and federal benefits; financial counselors, who assist through investment and estate planning education; and support coordinators, who facilitate support groups, provide life skills education and connect Survivors with counseling resources.

More than 200 SOS personnel are now working on installations throughout

More information on SOS services and Survivor resources is available on Army OneSource (www.myarmyonesource.com/FamilyProgramsandServices/SurvivingFamilies/SurvivorOutreachServices.aspx), the SOS Facebook page and garrison SOS web pages. There are also links to partner organizations whose support is so critical to connecting with and providing for Survivors.

The loss of a Soldier is not a topic people want to talk about, but it is a reality of military life. We do what we can to prevent losses. We train for and plan our combat operations. We stress safety in garrison. We have enhanced programs to prevent risky behaviors and suicide. In the end, though, despite our best efforts, we cannot prevent every loss. That is why Survivor Outreach Services is so crucial. To honor the Fallen Soldier's service and sacrifice for our nation, we can do one last thing—offer support for the loved ones the Soldier left behind. ■

Celebrate Military Children



By IMCOM Public Affairs

During April, U.S. military installations around the globe will recognize the contributions and sacrifices that servicemembers' sons and daughters make daily.

April is Month of the Military Child and is being celebrated with a theme of "Celebrate Military Children: The Strength of Our Future" on Army garrisons.

More than 1.7 million children under the age of 18 have at least one parent serving in the armed forces. And it is estimated that more than 900,000 children have had one or both parents deployed multiple times.

Accordingly, garrison-level Child, Youth and School Services programs will hold special events to honor Soldiers' children. These events will stress the importance of providing children with quality services and support promised them through the Army Family Covenant, according to Installation Management Command officials.

Installations of all services are honoring military children by providing a month packed with special activities - arts and crafts shows, picnics, fishing derbies, carnivals, parades, block parties and other special activities - to acknowledge the unique contributions they make.

The monthlong celebration, first held in 1986, reinforces to military children that they are, indeed, a key part of the armed forces community.

For example, last year, First Lady Michelle Obama noted: "As a grateful nation, it is our sacred responsibility to stand by our military children, just as they and their families stand by us."

President Barack Obama, earlier this year spotlighted the importance of military family support overall, recalling a trip to Afghanistan in December 2010 where he spoke to troops, asking what he could do to better support them.

"Without missing a beat," he said, "they looked me in the eye and they gave me their answer. It wasn't about more equipment. It wasn't about more resources on the battlefield. In fact, it wasn't about them.

"They said ... 'Sir, take care of our families. If we know our families are all right back home, then we can do our jobs.'"

In late January, Obama unveiled a government plan to strengthen military family support, including the education and development of military children and expanding child care options for military parents.

Servicemembers and their families, the president said, have done everything the nation has asked of them in this decade of war. Such commitment by the youngest members of the Army community will be highlighted throughout Month of the Military Child, and their accomplishments will be on display for all to appreciate. ■



Fort Greely youth have enjoyed family-oriented activities throughout the year.

Photos by Deb Ward.

Child Seat Safety

By CPT Crabtree
DES

During the Month of the Military Child, your Fort Greely Police Department wants to address child safety during motor vehicle operations.

Alaska Statute (AS 28.05.095), Use of Seat Belts and Child Safety Devices Required reads:

(b) Except as provided in (c) of this section, a driver may not transport a child under the age of 16 in a motor vehicle unless the driver has provided the required safety device and properly secured each child as described in this subsection. If the child is less than four years of age, the child shall be properly secured in a child safety device meeting the standards of the United States Department of Transportation for a child safety device for infants. If the child is four but not yet 16 years of age, the child shall be properly secured in a child safety device approved for a child of that age and size by the United States Department of Transportation or in a safety belt, whichever is appropriate for the particular child.

**(c) does not apply to Child Protective Seats in motor vehicles except school buses.*

This legal jargon may seem a bit confusing to some. Let's see if we can make doing the right thing a bit easier as a result of your reading this article. There are three basic categories of when Child Protective Seats are required:

Infants – Use a rear-facing car seat until at least 1 year old and 20 lbs. If your infant is less than a year old but has outgrown the car seat go to the next size. If your infant is smaller than 20 lbs and/or seems to be too small for the next level, continue to use the rear

facing seat until the child is at least 20 lbs and fits the next level.

Toddlers – Use a forward-facing car seat, either convertible or combo seat, until the harness no longer fits. Then go to a booster seat.

Boosters Seats – Use a booster seat with the vehicle lap and shoulder safety belts until your child passes the Safety Belt Fit Test. Basically you are adapting the car's existing seat belts so the child can sit as an adult.

There are some common-sense caveats that go with each of these because each child develops differently and no vehicle is exactly the same. The idea is for the child to fit the respective car seat. Always read and follow your vehicle and Protective Seat instructions, as this will be the safest and best-use practice, while ensuring you are in compliance with state laws as they are all based on National Highway Traffic Safety Administration.

Safety Belt Test:

1. Have the child sit all the way back in the rear seat, does his/her leg bend naturally at the knee and hang down or reach the floor? If not, continue to use the Booster seat.
2. Buckle lap and shoulder belts. Be sure the lap belt rests on the upper legs or hips, not on the abdomen. If not, continue to use the Booster seat.
3. Be sure that the shoulder belt rests on the child's shoulder and collarbone. If the shoulder belt is on the neck or face, continue to use the Booster seat.

Note: NHTSA recommends that all children under 13 ride in the back seat, with both lap and shoulder belts and the appropriate Child Protective Seat.

If you have further questions or want to know more about Child Protective Seats, you may go to; <http://www.providence.org/alaska/tchap/safekids/default.htm> www.usa.safekids.org, www.safekids.org www.nhtsa.dot.gov or contact your Fort Greely Police Department at 873-9120.



A local youth sports her new Outdoor Adventure Camp sweatshirt while participating in the many events made possible by a partnership between Youth Services and Outdoor Recreation over the week of March 15. Photos by Mary Lester.

Spring Break explodes with adventures for youth

By Brooke Whipple
Family and MWR

The third week in March brought sunny skies and icy fun for the youth who attended the Family and MWR Spring Break Adventure Camp, made possible by a partnership between Youth Services and Outdoor Recreation.

On Tuesday the younger students learned about butterflies and adopted their own butterfly- Painted Lady's in a chrysalis, and gave them great names like Bob, Creepy, Valentine, and Anakin.

Meteorology was the next lesson and all students watched footage of a tornado on the screen as well as a "tornado in a bottle". They learned about clouds, the importance of weather forecasts, how to calculate wind chill, and recorded conditions in their weather books. Map and compass was the afternoon lesson for the older youth.

Wednesday the entire group traveled to Fairbanks for a visit to the Morris Thompson Cultural and Visitors Center for an interpretive walk-about and watched the film "Large Animals of the Arctic". Then it was off to the ice rink at Ft. Wainwright. Some kids learned to skate for the first time while others tried to catch Ms. Brooke in an endless game of tag.

Thursday the students explored the life of Alaskan owls- touching real owl wings and talons and a skull on loan from Alaska Department of Fish & Game.

Next came the dissection of owl pellets where the students discovered all types of bones from the prey that had been eaten by the owls.

Following the discovery in science was a lesson on art in nature, featuring inspiration from Andy Goldsworthy - a noteworthy artist who uses found objects in nature to create amazing artscapes. It was then the students'

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APRIL IS MONTH OF THE MILITARY CHILD

Celebrate Military Children



Fort Greely, Alaska

The Strength of Our Future

The Army is committed to Military Youth. **ARMY FAMILY COVENANT: Keeping the Promise**



Fort Greely CDC plans for kid friendly fun

By Linda Jo Mock
FMWR

April is designated as the Month of the Military Child, underscoring the important role military children play in the armed forces community. The Month of the Military Child is an opportunity to recognize military children and youth for their heroism, character, courage, sacrifices and continued resilience.

Fort Greely Child, Youth & School Services has planned many events to celebrate the Month of the Military Child. We encourage families and community members to take part in as many of the events as possible.

All throughout the month of April, we are encouraging community members to come into the Child Development Center or School Age Center and read to the children. A list of available times and suggestions for books to read is available at the CDC; interested persons may call 873-4599 for more information.

- April 1, 3 p.m. – Parade at the CDC with cake to follow
- April 15-16, 7 p.m. to 7 a.m. – Lock in at the Youth Center
- April 21, 11:20 a.m. to 12:30 p.m. – Lunch with parents
- April 23, 1 p.m. to 3 p.m. – Kinderfest & Easter Egg Hunt

Anyone interested in participating in the above events can call the Fort Greely Child Development Center for more information. We can be reached at 873-4599 from 6 a.m. to 6 p.m. ■

Army Youth named All-Conference

By Mary Lester
FMWR

Arrmy Youth Raychel Rivera, daughter of 49th Battalion MP SPC Raul Rivera and Marie Rivera, was one of the two Delta High School girls named All-Conference during the 2010-2011 High School basketball season. Only 12 players were selected out of the seven teams in the 3A Aurora Conference



Region, which consists of Delta, Hutchison, Glennallen, Monroe, Valdez, Galena, and Eielson AFB.

Rivera moved to Fort Greely from Puerto Rico with her family last year. She has been playing basketball since she was 9 years old. She's currently a sophomore at Delta High School and running Track. Rivera is an active member of the Youth Center on Fort Greely. ■



Photo by Mary Lester

Military members may be able to **reduce INTEREST** on student loans

By Amy Marshall
ILO

The Servicemembers' Civil Relief Act permits service members entering active duty to reduce the interest rate on all loans and all debts entered into before the service member went on active duty. The one exception has been debts for student loans. This has now changed and service members are eligible to demand the lender reduce the interest rate on many student loans to six percent.

A scanty noticed provision in the law has changed this. In August of 2008, Congress passed the Higher Education Opportunity Act (Public Law 110-315, Aug. 14, 2008). The change made the six percent limit applicable to all federally-insured student loans.

The student loan debt must have been incurred before the service member went on active duty. If the service member took out a student loan and then went on active duty, he or she can demand that the lender reduce the interest to six percent. If the interest rate is lowered, the payments would also be reduced. Of course, if the service member went on active duty and then took out a student loan, the interest for that loan cannot be reduced and the service member would pay the contract rate of interest. The reduction in interest continues until the service member is no longer on active duty.

If a service member consolidated student loan debts after going on active duty, the debts may be considered "post-service debts." That means the interest rate may not be lowered. Consult with an attorney before consolidating loans or call the consolidator to determine what interest rate they will charge.

The new law applies to all student loans insured by the Federal government. Most student loans are federally-insured, but service members should check with the lender, or review the original loan documents. Some student loans with private banks are not insured or are insured by state governments, and these would not be eligible.

If someone else has co-signed for the service member's debt, the co-signor is also protected and will not have to make up the difference, or pay the higher interest rate. If the debt is in the name of the service member and the service member's spouse jointly, the spouse is also protected and receives the benefit of the reduction in interest rates. Unfortunately, student loan debts that are just in the name of the service member's spouse are unaffected by the Servicemembers' Civil Relief Act, and there is no reduction in interest for these debts.

When can a service member ask for the reduction? Under Section 527 of the SCRA,

a service member has up to 180 days after he or she has been released from active duty to request the reduction in interest under the SCRA. At that point, the lender must go back and calculate the interest from the date that the service member first received military orders calling them to active duty. Then, the lender must reduce the interest by the amount above the six percent. If the debt would have been paid off, the lender might owe the service member a refund.

The change in the law may have other consequences: the six percent limit applies to interest, penalties, and late fees, so if a service member makes the request and then falls behind on their student loans, the most the lender can collect is six percent interest per year. No additional penalties and fees can be added, above that amount. If the student loan of a service member has gone into default, the service member should contact the lender and demand that all "interest, penalties and late fees" be reduced to not more than a combined total of six percent per year. If a service member has already fallen into default and been assessed penalties by the lender, consult with a Legal Assistance attorney.

Even if a student loan is being repaid by the military in the Student Loan Repayment Program, it is still important to write to the lender and request the reduction in interest. Interest continues to accrue, even on these loans, so a reduction in the interest means a smaller loan balance, after the military has paid what it will pay. Service members should contact all lenders and demand the reduction of interest, even if the loan is being repaid by the military.

How does a service member demand the benefit? To make the request, service members must send the lender a copy of their military orders calling them to active duty, and a request to reduce the interest rate. If the service member has extended their time in the military by signing a new contract, include those orders, as well. Keep a copy of any correspondence sent and follow up with the lender, in writing, to make sure that you get that to which you are entitled. ■

SGT Dean Vandall is given an unusual lesson to prepare for a Soldier: the proper application of nail polish. This lesson, among several others, helped combat one of the greatest fears among adults: public speaking. The ability to get one's point across in any life-saving training is vital. Photos courtesy of DES



Train the Trainer

By Deborah Ward
Public Affairs

Earlier this month Soldiers from the 49th Missile Defense Battalion participated in the Active Shooter - Core Tactics Instructor Course hosted by Fort Greely's Department of Emergency Services.

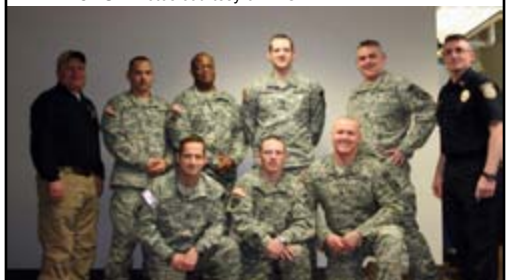
The standing definition of an active shooter is an armed person who has used deadly physical force on other persons and will continue to do so while having unrestricted access to additional victims.

The Soldiers participating in the course learned how to utilize effective shooting positions and the environment around them in order to neutralize the active shooter.

They also became skilled in the vital role of being a team leader, being placed in stressful situations without warning, and developing confidence in the ability to solve problems through split second tactical analysis.

With the training provided by DES the Soldiers will be able to take their new awareness back to their perspective units and continue to train new recruits thus continuing the circle of Fort Greely Police and 49th Missile Defense Battalion's Joint Active Shooter Training. ■

Train the Trainer class picture from left to right; first row SGT Dean Vandall, SSG Benjamin Guritz, SSG Larry Martin. Second row; SSG Reuben Vargas, SFC Sherman Ellington, SPC Mark Hutchinson, SSG James Emmons. Photos courtesy of DES



NOW RECYCLING: **TIN / STEEL CANS** **GLASS BOTTLES / JARS**

- ❖ Drop-off Dumpsters located at the transfer site at end of 1st St. & Denali, by the other recycling dumpsters.
- ❖ More Dumpsters, in more locations...COMING SOON
 - ❖ Please note not all items can be accepted.

TIN / STEEL CANS:

Such as soup, fruits/vegetables and Tuna/meats cans.
NO POISONOUS OR OIL BASED PRODUCTS AND NO AEROSOL CANS!!!

GLASS BOTTLES / JARS: Only beverage and food jars (jam, pickles, spaghetti sauce, etc.)
NO MIRRORS, POTTERY, LIGHT BULBS, DRINKING GLASSES OR OTHER DISHWARE.

*****Please REMOVE LABELS AND LIGHTLY RINSE*****
Helps reduce odors & limits scavenging birds.

Please contact DPW Environmental Office with any questions
@ 873-4664.



FrontLine Employee

Wellness, Productivity, and You!

Fort Greely Army Substance Abuse Program

Stress Denial: "I Can Handle It"



If you fall for the myth that stress is something "between your ears" or imagined, you will be tempted to ignore the effects of stress, dismiss its harmful symptoms, or try to "will" it away. Stress is your body's natural response to threats or challenges. Your conscious decisions about the significance of these events may play no part in how your body responds to them. Everyone experiences stressful situations from time to time, but chronic stress can wreak havoc on your body and mind. If you experience poor sleep, impaired memory, problems concentrating, panic sensations, depression, unexplained heart palpitations, headaches, muscle aches, unexplained weight gain or loss, or excessive tiredness, get these conditions evaluated by a doctor. Follow up with a mental health professional; ideally, seek out a professional who has stress management expertise.

Harvest Quality Time with Family

In today's fast-paced world, family bonding opportunities can seem scarce, but not to worry! Starting a family garden is a quick way to bring everyone together. Great for all ages, gardening allows for positive, relationship-building interactions while providing healthy food. Your family will enjoy a sense of accomplishment as the first plant shoots emerge. Gardening can be done indoors or out. With a few pots and packets of seeds, you'll be on your way to a happier, healthier family.



Understanding Horizontal Violence

Horizontal violence is a form of aggression in the workplace characterized by overt and covert behaviors to sabotage another's reputation or career path, or to demonstrate hostility toward coworkers. Also called "lateral violence," it is a growing concern in many professions. Examples of horizontal violence are spreading false rumors, belittling others, mockery, sarcasm, or exhibiting humiliating behaviors toward a coworker. If you are a victim of horizontal violence, consider talking to the person responsible for the behavior. Confide in a trusted supervisor, advisor, or your EAP to gain support. Do you commit horizontal violence? See a list and learn much more at <http://tiny.cc/horizontal>.



Employee Assistance Program

YOUR EAP PROVIDER

EAP services for DA/DOD employees and military retirees as well as family members of soldiers, DA/DOD civilians and military retirees.

ASAP Services are confidential. For more information or to schedule an appointment call (907) 873-3353

Important notice: Information in FrontLine Employee is for general informational purposes only and is not intended to replace the counsel or advice of a qualified health or legal professional. For further help, questions, or referral to community resources for specific problems or personal concerns, contact an employee assistance or other qualified professional. Source URL's may be abbreviated for convenience and are case sensitive.

April is Alcohol Awareness Month

Where Teenagers Get Alcohol



Although giving alcohol to teenagers is illegal and school principals plead with parents not to do it, many parents still feel pressure, or believe it to be proper to supply alcohol to their underage children. Teaching the "proper use" of alcohol or de-glamorizing it is the commonly stated goal. There is no evidence that condoning alcohol consumption by minors reduces the incidence of alcohol abuse now or later in life. However, research does exist to show just the opposite.¹ New data from the National Survey on Drug Use and Health suggests that approximately 709,000 youths between the ages of 12 and 14 drank alcohol in the past month, and of these underage drinkers, 44.8 percent obtained the alcohol from their families or inside the home. The upside of these statistics is the opportunity for family members to curb underage drinking. Ensuring the prevention of underage drinking greatly reduces access to alcohol overall and alcohol problems later on. To further reduce the likelihood of adolescents seeking out alcoholic beverages, parents can start early to discuss the dangers and pitfalls of underage drinking and any family history of alcohol disorders. Open, honest, and continued dialogue may be the best way to encourage your children to abstain from underage alcohol consumption now or completely, if the risk of health problems is high. Consider enlisting the help of qualified medical professionals if you believe your child is abusing alcohol, and visit the leading portal for advice on preventing underage drinking at: www.stopalcoholabuse.gov. ¹Source: www.tiny.cc/not-for-teens

Read Your Employee Handbook



Still putting off reading your employee handbook? Not reading your handbook (employee manual) can shortchange your understanding of your company and your responsibilities. Whether you're new to your company or a seasoned veteran, consider dusting off your employee manual to get the most out of your work experience. You'll come away with a greater knowledge of policies, procedures, duties, and company culture. This knowledge can translate into you being a more productive, well-informed employee. Your superiors will take notice when you don't have to ask them questions about issues that were already plainly addressed in the employee handbook. A review of your employee handbook may be just what you need to appear more dedicated to your career and company.

How to Develop More Self-Discipline

At times, everyone feels like not completing a project. But what separates those who deliver quality work on time, every time, from those who leave projects undone? Self-discipline. What may seem like a procrastination problem is often a lack of self-discipline. By bolstering your self-discipline, you'll find that it is easier to complete tasks and reach goals. Rather than trying to overhaul your entire life, which usually results in reversion back to old habits, try making small changes. Break down large projects into smaller tasks that have realistic deadlines. Create a daily routine that maximizes efficiency and avoids multitasking. Complete an entire task before moving on to the next, to ensure that you are not left with unfinished projects. Finally, realize that having self-discipline means controlling emotions. Do what will get you to your end goal rather than what feels good or easy right now. Keep this mindset. It's the secret to consistently winning with self-discipline.



Reacting to a Seizure



Would you know how to identify and respond to a seizure? One in ten adults will have a seizure during his or her lifetime. The most recognizable symptoms are convulsions and loss of consciousness. However, there are also non-convulsive seizures that can be trickier to detect. More subtle symptoms of a seizure include blank staring, lip smacking, jerking movements, aimless wandering, and alarming or strange gestures. The #1 rule is don't panic and reassure others nearby. According to the Epilepsy Foundation, do not restrict the person from moving unless he or she is in danger, and never put anything in his or her mouth. Stay with the person until the seizure ends naturally and offer assistance. Learn and share with others the important first aid tips at the Epilepsy Foundation Web site at <http://tiny.cc/seizure>.



Mark your calendar: Earth Day - April 22, 2011

Most places around the world commemorate Earth Day each year as pledges are made for individual “acts of green.” A Billion Acts of Green demonstrates the kind of environmental impact that can be made when millions of people, corporations and organizations make commitments to better their environment. Elements of the 2011 Earth Day campaign include:

Athletes for Earth: Bringing the voices of Olympic and professional athletes to the environmental movement.

The Canopy Project: Supporting global reforestation.

Green Schools: Greening America’s schools within a generation.

Women & Green Economy (WAGE): Engaging women leaders in the creation and development of a global green economy.

Creating Climate Wealth: Convening 200 of the world’s entrepreneurs to solve climate change and create a new green economy.

Arts for the Earth: Celebrating the work of environmental artists in all media, and partnering with the American Association of Museums to bring sustainability to museums nationwide.

Join the global movement and make your own Earth Day pledge. It can be as simple as turning off the water while brushing your teeth, or turning lights off when you leave a room. All acts, large and small, further the goal of measurably reducing carbon emissions.

Wednesday, May 2, Fort Greely Environmental Office will host an open house from 11 a.m. to 1 p.m. We will be offering wildflower seeds again this year. We received quite a bit of good feedback from those of you who planted the seeds last year, in addition to some nice pictures of the flowers. Various information will be available on recycling, composting, growing gardens and of course some food and drink. Take some time and join us in observing Earth Day. Hope to see you there!

Taxes are due!

Active Duty, Guard, Reserves, Retirees and eligible dependants can get free assistance in preparing their Federal income tax returns and they can also file electronically for FREE! Call The Legal Office located in Building 501, Room 107, at 873-5034 for more information.

Things to Bring With You:

Photo identification • Social Security cards for you, your spouse and dependents • Birth dates for you, your spouse and dependents
Wage and earning statement(s)-Form W-2, W-2G, 1099-R from all employers • Interest and dividend statements (Forms 1098, 1099)
A copy of last year’s federal tax return • Bank routing numbers and account numbers for direct deposit • Total amount paid for day care
Day care provider’s identifying number • A list of charitable contributions and documentation • Other relevant information about income and expenses

Phones Open NOW for Reservations & Information!

108

WOODED CAMPSITES AT THE BASE OF THE MAJESTIC CHUGACH MOUNTAINS



Fishing Trips (authorized patrons only*)

**Day trip - approximately 30 miles to
Bligh Reef**

\$800 - buy boat for 1 day, max. 6 people
(4 people fishing at any given time)

\$250 - optional surcharge to travel 60 miles
to Hitchin Brook and/or Montegue Islands

• Outdoor Recreation (ODR) will have a
Stand-By List for the fishing charter. Please call
ODR at 907-873-4058 for details and secure a
spot on the list.

907.873.4058

DAILY RATE INFORMATION

Amenities

The campground offers 87 standard campsites, 21 RV pads (20/30, 50 amp), dump site, shower house and six latrines. All sites include picnic tables and fire rings. We also have three Large Group Areas that provide plenty of room for group camping and family events.

Daily Tent Sites

\$10 Military
\$20 Public

Large Group Area - minimum 5 tents

\$5/tent Military
\$10/tent Public

RV Pad (20/30 amp)

\$25 Military
\$35 Public

RV Pad (50 amp)

\$30 Military
\$40 Public

Travel Trailers*

\$75

Rental Equipment*

Tents, sleeping bags, coolers, mountain bikes, canoes and more!

*Travel trailers, fishing trips and rental equipment are not available to the general public.



VALDEZ GLACIER CAMPGROUND

OUTDOOR RECREATION

2011 Activity Calendar



**Enjoy the best
months of winter
with family and MWR!**

MARCH & APRIL



Delta-Greely Summer Blast Off Triathlon

Race Date: June 11, 2011

Time: 10:00 am

\$30 entry fee

Deadline to register: May 20

Starting on Fort Greely and ending in Delta Junction, Alaska

Please take a brochure to view the race map, rules, and waiver.

Training Passes to the Fort Greely Fitness Center are available to registered Triathlon athletes (see brochure).

Questions? Contact brooke.whipple@us.army.mil or courtneydurham@acsalaska.net

 **500 Yard Swim**

 **8 Mile Bike**

 **3.1 Mile Run**



Swim Fast. Bike Hard. Run to Win



The Sesame Street/USO Experience for Military Families



Sesame Street and the USO are bringing the furry, fuzzy and friendly muppets to military families around the world.

PROGRAM HIGHLIGHTS:

- » Introducing Katie, a military kid on Sesame Street who is moving to a new place
- » Free admission for military families and their children
- » Mini-show and giveaways
- » For tour information visit www.sesamestreet.org/TLC and www.uso.org

Produced and hosted by
VEE CORPORATION
A Division of VEE Group, Inc.

DATE:
April 26, 2011

TIME:
**4:00 p.m. &
6:30 p.m.**

PLACE:
**Fitness Center
Gymnasium**

**Please call
907-873-4336
for further
information**



USO Worldwide Strategic Partners



Designate #381 through the CFC

turn to create their own masterpieces outside.

The afternoon class ventured outside for some sledding and was challenged by the compass course. More art was made from snow, sticks and ice in the afternoon sun.

Friday's grand finale featured a trip to the World Ice Art Championships in Fairbanks where the students were awed by the intricately carved sculptures and were blown away by the fun of the kids' ice park and the giant ice slides. Who needs Hawaii anyway? ■



Above: Lead Recreational Specialist, Brooke Whipple leads the classroom discussion on owls. The owls, feathers and other objects, on loan from The Bureau of Land Management, gave the students an opportunity to view and experience wildlife in a safe and educational manner. Below: A participant of the Spring Adventure camp shows off her planted treasures.

Photo courtesy of Family and MWR



Educational opportunities available NOW

By Mark Weller
FGA Education Center

Now is the time to improve your work skills and plan a better future. With tuition assistance of \$4,500 per year for active duty military personnel you are practically attending college for free. The Tuition Assistance will pay a maximum of \$250 per semester credit and \$166 per quarter credit. If you need help to sign up for the "goarmyed" web site or registering for TA then come by the Education Center in building 661 for assistance. You may call 873-4369 or e-mail mark.c.weller_ctr@us.army.mil. Our hours are 9:30 a.m. to 2:30 p.m. Monday through Thursday.

The goarmyed web site also has tutoring, a writing lab and mentor assistance that you can access right on your secure Web site. The mentoring assistance is set up to be accessed by either telephone or e-mail. The tutoring site, smarthinking, uses an instant messaging format to answer your questions. This allows a question to be answered step by step. This also makes it easy to repeat an answer if the first example is unclear. The writing lab offers assistance for ESL, business and technical writing as well as brainstorming and grammar research tools. Come by for a visit or give us a call, we are here to help. ■



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SPRING DANCE

& KARAOKE



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and time with friends as
we welcome the new
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FROM 7:00 PM TO 10:00 PM

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TICKETS: \$2.00



Youth Center / Bldg 653 Big Delta Ave / Phone: (907) 873-3405



On the cover: Family and MWR Recreational Assistant Brooke Whipple (top right) poses with a group of local youth enjoying the Spring Break Adventure Camp, made possible by a partnership between Youth Services and Outdoor Recreation. A special, “thank you” to Brooke Whipple, Mary Lester and all the other staff members for their outstanding service and programs for our youth at Fort Greely - that’s a bunch of big, happy smiles on the cover! Photo by Emily Fisher.

The INTERCEPTOR is an authorized unofficial publication for military and civilian members of Fort Greely. The INTERCEPTOR is published monthly by the Public Affairs Office, Fort Greely Garrison. Contents of this publication are not necessarily the official views of, nor endorsed by the U.S. Government, the Department of Defense, or the Department of the Army. While contributions are welcome, the PAO reserves the right to edit all submitted materials, make corrections, changes, or deletions to conform with the policies of this paper. Articles and photos submitted by the 20th of each month will be considered for publication in the next issue of the INTERCEPTOR. Submit via deborah.ward3@us.army.mil.

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Deputy Commander Will Wiley
Editor Deborah Ward



BE OPSEC AWARE!!



Sometimes a clever disguise is all someone needs in order to listen in on your conversation!!

FOR ANY OPSEC RELATED QUESTIONS, CONTACT YOUR SECURITY MANAGER OR MARIA M. LESTER AT 909-875-3907

Take the spy quiz!

Some espionage indicators or clues to watch for:

1. Has frequent or unexplained trips of short duration to distant cities or foreign locations
2. Often works outside of normal duty hours alone and when not required
3. Attempts to gain access to classified information beyond the normal scope of duties or a need to know
4. Removes classified materials from work area without authorization
5. Has repeated involvement in security violations
6. Often carries a briefcase or bag and carries electronic media in and out of areas where sensitive materials are handled or stored
7. Brings unauthorized cameras, recording devices, hand-held scanners or laptop computers into areas where classified materials are maintained
8. Jokes about espionage or brags about working for a foreign government

Report any suspicious activity to your immediate supervisor or security manager. ■

The damage that we suffer due to espionage activity is immeasurable. Here's your chance to take a moment to familiarize yourself with a little bit of the history of famous spies. Click on the link to read a brief biography on each spy and answer 8 questions:



Remembering What We Lost



*And
What We
Still Protect.
Good
Security Is Our Best Defense!*

Interior Entry Level Academies:

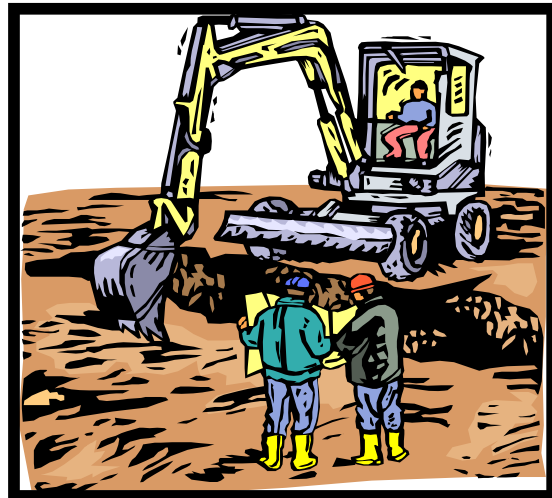
- >Civil Construction Heavy Equipment
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May 31 to June 17, 2011

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