**NEW CADETS** START HERE & READ DOWN

## CIVIL AIR PATROL CADET SUPER CHART



**CAP Visual Aid 52-100 September 2012** {52-100A 2' x 3'} {52-100B 11" x 17"}

This chart is **NOT** an accurate resource for the few cadets remaining in the Leadership for the 21st Century text

	PH	ASE I THE L	EARNING	PHASE		PHASE II THE LEADERSHIP PHASE				PHASE III THE COMMAND PHASE				PHASE IV THE EXECUTIVE PHASE					MANN	GENERAL CARL A.	
	ACHIEVEMEI 1	ACHIEVEMENT <b>2</b>	ACHIEVEMENT  3	WRIGHT BROTHERS  AWARD	ACHIEVEMENT  4	ACHIEVEMENT  5	ACHIEVEMENT  6	ACHIEVEMENT <b>7</b>	ACHIEVEMENT  8	BILLY MITCHELL  AWARD	ACHIEVEMENT  9	ACHIEVEMENT 10	ACHIEVEMENT  11	AMELIA EARHART  AWARD	ACHIEVEMENT  12	ACHIEVEMENT  13	ACHIEVEMENT  14	achievement <b>15</b>	ACHIEVEMENT  16	IRA C. EAKER  AWARD	SPAATZ AWARD
	NHQ mails "New Cadet Kit"															4-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0					ig/Ccs permission to attempt spadtz Exams
		HAP ARNOLD ander Commanding general l and of U.S. Army Air Forces r during World War II	MARY FEIK Pioneer in the fields of aviation mechanics and engineering, and proud CAP member	ORVILLE & WILBUR WRIGHT  First men to achieve powered, controlled, sustained, heavier-thanair flight	wanted CAP cadets to	Atlantic Ocean solo, non- stop, aboard the "Spirit of		ROBERT GODDARD The "Father of Modern Rocketry" and developer of the first liquid-fueled rocket	11 on July 20, 1969 - "One	he proved the airplane	FLIGHT COMMANDER  Achievements are named	ADMINISTRATIVE OFFICER for Staff Duty Analysis position	PUBLIC AFFAIRS OFFICER ons, not aerospace pioneers	<b>EARHART</b> Record-setting female pilot who was lost while	LEADERSHIP OFFICER	Achievements are named	OPERATIONS OFFICER for Staff Duty Analysis position	OFFICER  ons, not aerospace pioneers	CADET COMMANDER	IRA EAKER  Army Air Forces general and advocate of strategic bombardment during World War II	First Chief of Staff of the United States Air Force and first Chairman of the CAP National Board
female aviators  CAP member air flight know him as "Eddie"  St. Louis"  Il air raid on Tokyo rocket giant leap for mankind" could sink ships  GRADE, INSIGNIA, & AWARDS														the World						vvolid vvdi ii	CAT National Board
	CADET AIRMAN	CADET AIRMAN FIRST CLASS	CADET SENIOR AIRMAN	CADET STAFF SERGEANT	CADET TECHNICAL SERGEANT	CADET MASTER SERGEANT	CADET SENIOR MASTER SERGEAN	CADET CHIEF T MASTER SERGEAN	CADET CHIEF T MASTER SERGEAN	CADET SECOND T LIEUTENANT	CADET SECOND LIEUTENANT	CADET FIRST LIEUTENANT	CADET FIRST LIEUTENANT	CADET CAPTAIN	CADET CAPTAIN	CADET CAPTAIN	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET LIEUTENANT COLONEL	CADET COLONEL
										Eligible for scholarships, Cadet Officer School and Civic Leadership Academy; eligible for E-3 in the USAF; eligible for promotion to 2d Lt as a senior member at age 21				Eligible for the International Air Cadet Exchange; eligible for promotion to 1st Lt and the Cadet Programs Officer technician rating as a senior member at age 21						Eligible to receive credit for Squadron Leadership School and Level II as a senior member at age 21	Eligible for promotion to captain, credit for a Cadet Programs Officer senior rating, and the Yeager Award as a senior member at age 21
											No Ribbon Awarded	No Ribbon Awarded	No Ribbon Awarded	, , , , , , , , , , , , , , , , , , ,	No Ribbon Awarded	No Ribbon Awarded	No Ribbon Awarded	No Ribbon Awarded	No Ribbon Awarded		
PROMOTION	I ELIGIBILITY	REQUIREMENTS	The leadership requirer	ments below are for cadets	using the <b>Learn to Lead</b> te	ext. Cadets may continu	ue in the <b>Leadership fo</b>	or the 21st Century text	t until 1 October 2013, a	t which time that "old" text	pecomes obsolete.										
LEADERSHIP	Chapter 1 & Drill Test	Chapter 2 & Drill Test	Chapter 3 & Drill Test	Comprehensive Exam with Drill	Chapter 4 & Drill Test	Chapter 5 & Drill Test	Chapter 6 & Drill Test	Chapter 7 & Drill Test	Chapter 8 & Speech, Essay & Dri	Comprehensive II Exam	Chapter 9 & SDA Report	Chapter 10 & SDA Report	Chapter 11 & SDA Report	Comprehensive Exam	Chapter 12 & SDA Report	Chapter 13 & SDA Report	Chapter 14 & SDA Report	Chapter 15 & SDA Report	Chapter 16 & SDA Report	Speech & Essay	Comprehensive Exam
AEROSPACE	No Requireme	nt Any Module	Any Module	No Requirement	Any Module	Any Module	Any Module	Any Module	No Requirement	Comprehensive Exam	3-Chapter Block	3-Chapter Block	3-Chapter Block	Comprehensive Exam	No Requirement	No Requirement	3-Chapter Block	3-Chapter Block	3-Chapter Block	No Requirement	Comprehensive Exam
CHARACTER	Foundations Safety Modu		1 Forum	No Requirement	1 Forum	1 Forum	1 Forum	1 Forum	1 Forum	No Requirement	1 Forum	1 Forum	1 Forum	No Requirement	1 Forum	1 Forum	1 Forum	1 Forum	1 Forum	No Requirement	Essay Exam
ACTIVITIES	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Participate Actively	Encampment	Participate & Mentor	Participate & Mentor	Participate & Mentor	SDA Staff Service	Participate & Instruct	Participate & Instruct	Participate & Instruct	Participate & Instruct	Participate & Instruct	SDA Staff Service & Leadership Academy	Participate Actively
FITNESS	Cadet Physic Fitness Test	•	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test
CADET PHYSICAL FITNESS TEST STANDARDS																					
		President's Challenge 25th Percentile; "Run plus 2 out of 3"  10 11 12 13 14 15 16 17+			President's Challenge 35th Percentile; "Run plus 2 out of 3"       President's Challenge 50th Percentile; "Run plus 2 out of 3"         10       11       12       13       14       15       16       17+         10       11       12       13       14       15       16       17+						President's Challenge 60th Percentile; "Run plus 2 out of 3"  10 11 12 13 14 15 16 17+				President's Challenge 70th Percentile; "Run plus 2 out of 3"  10 11 12 13 14 15 16 17+						75th Percentile; "Run plus 2 out of 3" Ages 10-14 not shown <b>15 16 17+</b>
SIT & REACH	Males 24 Females 24	21 21 20 4 24 25 24	23 24 25 28 31 30	28 31	22 23 23 26 26 27	23 25 27 27 30 32			26 28 30 31 33 36			27     30     32       32     35     37				29 32 33 34 37 40					34 36 40 41 39 40
CURL UPS		30     31     34     36     39     38     38       25     27     29     30     31     30     30     28			32     34     37     39     41     41     40     40     35     37     40     42     45     45     45     44       27     29     31     33     34     32     32     30     30     32     35     37     37     36     35     34					38     39     43     45     48     49     48     46       32     35     38     40     40     39     37     36										53 51 51 44 41 40	
PUSH UPS		) 11 12 16 ) 10 9 9	18 22 24 9 11 11		11 12 14 10 11 10	18     20     25       10     10     12			24     24     30       11     11     15			28 28 34 15 15 16				32 34 37 17 17 18					39 40 49 19 21 23
SHUTTLE RUN		12.4 12.0 11.2 10.8 10.5 10.2 10.0 9.9 13.1 12.5 12.1 11.8 11.9 11.7 11.7 11.7			12.0     11.5     11.0     10.6     10.2     10.0     9.7     9.6     11.5     11.1     10.6     10.2     9.9     9.7     9.4     9.4       12.6     12.1     11.7     11.5     11.6     11.4     11.3     12.1     11.5     11.3     11.1     11.2     11.0     10.9     11.0					11.2 10.8 10.4 10.1 9.7 9.5 9.2 9.2 11.8 11.2 11.0 10.9 10.9 10.7 10.7 10.7										9.2 8.9 8.9 10.3 10.4 10.3	
MILE RUN		:40 11:25 10:22 9:23 :00 13:09 12:46 12:29			10:58 10:25 9:40 12:08 12:21 12:01				0 8:06 7:44 7:30 5 10:23 10:06 9:58			4 7:41 7:19 7:06 26 9:50 9:27 9:23				5 7:25 6:59 6:51 8 9:15 8:58 8:58					6:38 6:25 6:23 8:40 8:50 8:52
LEADERSHIP	EXPECTATIO	NS																			
ATTITUDE		Displays a positive attitude; optimistic; enthusiastic; is team oriented			Maintains a positive attitude and encourages good attitudes in others; does not flaunt rank or authority						Conscious of own performance; takes initiative to develop new skills; self-motivated and able to motivate others				Resilient; shows mental discipline in working to achieve long-term goals; welcoming of change; has habit of continual self-improvement						
CORE VALUES		Aware of the Core Values; honest; wears uniform properly; practices customs and courtesies			Displays a commitment to the Core Values; promotes team spirit, professionalism, and good sportsmanship as a team leader						Fair, just, and consistent in dealing with subordinates; exercises good judgment in knowing which matters should be referred up the chain				Uses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently						
COMMUNICATION SKILLS	l Li	Listens actively; attentive; asks good questions			Proficient in informal public speaking (i.e., in giving directions to and training junior cadets)						Writes and speaks	Writes and speaks clearly; presents ideas logically; wins through persuasion				Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues					
SENSE OF RESPONSIBILITY		ollows directions; dependa fective in managing own t		Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out						Given an assignment, takes project from beginning to end; develops appropriate goals, plans, standards, and follows through in execution; demonstrates sense of ownership in all assignments				Completes large projects with little supervision; follows and sets a command intent; self-starter							
INTER-PERSONAL SKILLS			Guides and coache	Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"						Actively mentors NCOs; resolves conflicts fairly; criticizes constructively; dissents respectively when disagreeing with superiors				Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure							
CRITICAL THINKING										Thinks in advance and plans ahead to meet the unit's short-term needs; imaginative and not tied to old ideas				Sets long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems							
DELEGATION SKILLS												Delegates routine tasks effectively and works through NCOs; keeps people informed; makes expectations clear; supervises work of other leaders				Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge					
TYPICAL DU	TIES			- CADET FLEMENT LEAL																	

MINIMUM TIME IN GRADE

Upon Joining Jan '12

+ 8 weeks Mar '12

+ 8 weeks May '12

+ 8 weeks Jul '12 6 months to **Wright Bros** 

+8 weeks Sep '12

+ 8 weeks Nov '12

+ 8 weeks Jan '13

— CADET FLIGHT SERGEANT —

— CADET FIRST SERGEANT —

+ 8 weeks

+ 8 weeks May '13

+ 8 weeks Jul '13 18 months to

+8 weeks Sep '13 Mitchell

+ 8 weeks Nov '13

CADET FLIGHT COMMANDER —

+8 weeks

+ 8 weeks Mar '14

26 months to

**Earhart** 

- CADET LEADERSHIP OFFICER / CADET AEROSPACE OFFICER —

+ 8 weeks May '14

+ 8 weeks

+8 weeks Sep '14

+8 weeks Nov '14

— CADET EXECUTIVE OFFICER / CADET DEPUTY COMMANDER — — CADET COMMANDER —

+ 8 weeks

+ 8 weeks Mar '15 38 months to

Upon earning Eaker Mar '15 38 months to