VA Department of Fire Programs Heavy and Technical Rescue Program Introduction to Technical Rescue Module Logistics for Skill Stations

Knots, bends, and Hitches

- 24 1/2" by 10' practice ropes
- 24 8mm by 8' prusik cords

Mechanical advantage systems

- 12 3" minimum double pulleys with beckets
- 6 Single pulleys

Low Angle Station

- 1 Sloped Area, 25'-30' in length, 15 to 35 degrees
- 6 Pickets, 4'-6' long
- 1 Rope/webbing, 30'-50' used to lash pickets together
- 2 Sledge Hammer, 8#-10#
- 2 ½" Life Safety Rope, 200'-300'
- 1 Rigging Bag
 - 12 Carabiners
 - 2 Single Pulleys
 - 12 Prusik, various sizes
 - 2 1" Webbing, 30'
 - 4- 2" Webbing 15'
 - 1 Figure Eight Plate
 - 1 Rigging Rack
- 1 Basket Stretcher (Stokes)
- 3 1" webbing 1- 25' and 2- 12'
- 1 Edge roller
- 3 Edge protection (carpet sections)
- 1 Rescue mannequin or 3 sections of 2 ½" fire hose

- 1 Equipment staging tarp
- 1 Clipboard for Instructor paperwork

High Angle Station

- 1 Vertical Area, 15'-30' in height, tower or building
- 1 Rigging Bag
 - 20 Carabiners
 - 3 Single Pulleys, 2"
 - 2- Double pulleys
 - 12 Prusik, various sizes
 - 4 1" Webbing, 30'
 - 4 2" Webbing, 15'
 - 1 Figure Eight Plate
- 1 Rigging Rack
- 2 ½" Life Safety Rope, 200'-300'
- 1 Edge roller
- 3 Edge protection (carpet sections)
- 1 Rescue manneguin or 3 sections of 2 ½" fire hose
- 1 Equipment staging tarp
- 1 Clipboard for Instructor paperwork
- 1 Bag marked NLS (Non Life Safety)
 - 1 1/2" Rope, 200', marked NLS
 - 6 Carabiners, marked NLS
 - 4 Prusik, marked NLS
 - 4 1" Webbing, marked NLS
 - 4 2" Webbing, marked NLS
 - 1 Pulley, 2" or 3", marked NLS
- *All equipment marked/painted NLS