

P  
O  
M



# INBRIEF

February, 2016



## *Inside*

- Inside PoM MWR's "Outdoor Rec"
- Tax Help is here!
- Real ID Act info
- Calendar

Commander  
CSM  
Deputy Commander

Col. Paul W. Fellingner, Jr.  
Command Sgt. Major Leslie J. Hudson  
Hugh H. Hardin

Public Affairs Officer  
Deputy PAO  
Editor  
Webmaster  
PA Specialist

James Laughlin  
Vacant  
Catherine Caruso  
Steven L. Shepard  
Alvin Macks

*This Department of Defense newsletter is an authorized publication for members of the DoD. Contents of the PoM InBrief are not necessarily the official views of, or endorsed by, the U.S. Government, the DoD, or Dept. of the Army.*

*The editorial content of this publication is the responsibility of the (name of command or installation) Public Affairs Office.”*

*We publish information of interest to all members of the Monterey military community — including military & civilian personnel assigned to PoM, military families, and service members & veterans who access services at our installation. Story ideas and submissions of original material are welcome - articles, photos and calendar items should be submitted by the 15th of the month prior to the intended publication date.*

*More info: [www.monterey.army.mil/Public\\_Affairs/InBrief](http://www.monterey.army.mil/Public_Affairs/InBrief)*

USAG PRESIDIO OF MONTEREY  
Public Affairs Office  
1759 Lewis Rd.  
Monterey, CA 93944  
[www.monterey.army.mil](http://www.monterey.army.mil)  
Phone: (831) 242-5555  
Email: [usarmy.pom.usag.mbx.pao@mail.mil](mailto:usarmy.pom.usag.mbx.pao@mail.mil)

## In this edition:

- Inside “Outdoor Rec”

*page 1*

- Employee profile: Matthew Paruolo

*page 12*

- Taylor Gate closure information

*page iii*

- Tax preparation services

*page 7*

- Real ID Act information

*page 9*

- *Community Calendar*

*page 11*

**On the cover:** A wooden carving depicting the Presidio of Monterey Outdoor Recreation program’s logo hangs above a fireplace at Lewis Hall. The program offers access to equipment and trips designed to introduce service members and families to outdoor activities of all kinds during their time assigned to the Presidio of Monterey. Many services are also available to DoD employees military retirees, and guests of eligible patrons. DoD photo by Catherine Caruso, Presidio of Monterey Public Affairs.



# ***Taylor St. gate closure set to start Feb. 19***

## ***Infantry Gate open during closure***

Taylor St. Gate will close beginning Feb. 19 to accommodate construction of a new access control shelter, and will remain closed until construction is completed, tentatively mid- to late-March (weather permitting).

To offset anticipated increase in traffic at the Private Bolio gate, Infantry Gate will open for traffic entering PoM from Lighthouse Ave. during the closure.

Infantry Gate is located on Infantry St., just off Artillery St. on Lower Presidio. From outside the Presidio, bear right at the fork where Infantry St. and Artillery St. meet, next to the Presidio of Monterey Museum.

From inside the Presidio, Infantry St. is located near the intersection of Infantry St. and Fort Mervine Place, near Lewis Hall (MWR Outdoor Recreation, PoM).

The Infantry Gate will open weekdays only; 6 a.m.-1p.m. for inbound and outbound traffic and 4 p.m.-5:30 p.m. for outbound traffic only (and will be closed on federal holidays) for the duration of the project.



# *Inside MWR Outdoor Recreation*



*Story and photos by Catherine Caruso,  
Presidio of Monterey Public Affairs*



***Thirsting for adventure? Inside Outdoor Rec's "home base" at Lewis Hall (Building 228; Fort Mervine Place, PoM), you'll find a facility packed to the rafters with snowboards, skis, wetsuits, paddleboards, kayaks, tents, sleeping bags, and other outdoor gear.***

Out front, customer service staff offer information about everything from wine tours to San Francisco city sights and the program's fleet of rental vehicles, featuring cars and travel trailers, RV's and vans, even luxury motor coaches.

And in the back, Breakwater Scuba just opened its doors. The owners are building a full-service scuba locker with air tank refills and equipment rentals on site, and offer lessons for divers of all levels, from "Basic Open Water" through "Rescue Diver and Instructor" training.

"We don't want people to try to figure out what to do with their weekends. We're a one-stop shop, we'll point you in the right direction," Mike Foy, Outdoor Recreation director, said.

Outdoor Rec's mission is about the 3 Rs – resiliency, readiness, and retention, he said.

But getting customers in the door can be a challenge, he said. Many students, faculty and families at PoM are new to the military, and many don't know much about what the Army and Navy call "Morale, Welfare and Recreation" services when they first arrive at PoM (in the Air Force, recreation services



***Above, Karen Brown, a recreation assistant at PoM MWR, assists an Air Force service member with paperwork for a rental car. Outdoor Recreation rents vehicles, vans, campers, utility trailers and RVs. Buses and luxury motor coaches are also available for larger groups.***

***Previous page: The Outdoor Recreation program is headquartered at Lewis Hall (Building 228, PoM), and is packed to the rafters with gear for outdoor activities in every season. The shop provides full-service ski and snowboard rentals and repairs, kayaks, paddleboards, mountain bikes. Breakwater Scuba recently opened a satellite location at Lewis Hall, and Outdoor Rec will launch its own satellite location at Ord Military Community this spring.***

are often offered by the "Force Support Squadron").

Services vary from duty station to duty station, but the recreation programs exist to help service members and their families relax and have fun while they make their "home away from home" wherever they are serving, he said.

For many, organized trips offer an easy point of entry into Outdoor Rec programs and making the most of their time in Monterey. In February, activities planned include travel to see the Chinese New Year parade in San Francisco's Chinatown neighborhood, and an overnight ski trip to Lake

Tahoe.

Outdoor Rec can also help newcomers identify do-it-yourself options in the local area. If you want to explore a new activity, you can "try before you buy."

Since many service members and even families travel or arrive ahead of their household goods, the shop rents all the gear you'll need for many popular activities.

"We can do anything. This weekend, we're doing a kayak birthday party this weekend for some kids, and if the weather doesn't work out we'll go rock climbing," Matt Paruolo, recreation specialist and adventure program manager, said.

Popular activities include surfing, mountain biking, hiking, and camping, he said.

The office also offers custom trips, from "just the basics" to all-inclusive. Destinations include Napa Valley wine tours and professional sports events.

"I remember when I was in the military, I went to MWR and rented equipment," Karen Brown, an outdoor recreation assistant and eight-year Air Force veteran, said.

Now, you'll find her greeting customers at the Leisure Travel Services desk, where she rents vehicles, leases RV and boat storage, and sells discounted tickets to Disneyland and other regional tourist attractions.



***At left, Erroll Singh, PoM MWR Outdoor Recreation employee, prepares a pair of skis for finishing by removing the old wax. The program offers full-service ski and snowboard rentals and repairs from its Lewis Hall location.***



Foy encourages newly-arrived service members and families to check out the offerings early in their tour.

"You think you have all the time in the world, and then you're on your way to someplace else," he said.

While students may worry MWR activities will distract from their studies, those who participate in activities often find the opposite is true, Foy said.

"I've been through this school (DLIFLC) as a student and as an instructor. You need to clear your mind a little bit," he said. "Video games are not a good way to relax."

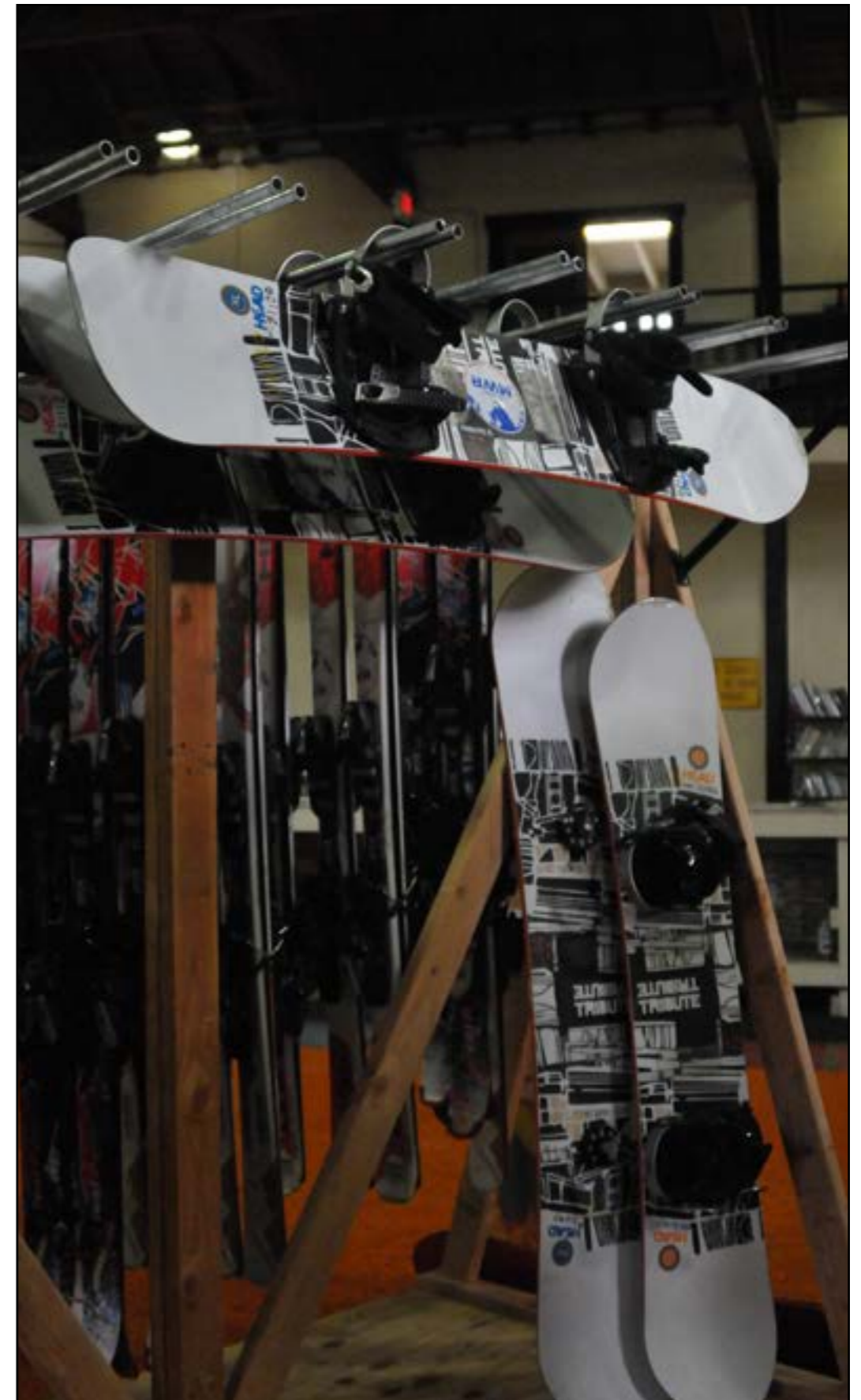
*Outdoor Recreation services are available to anyone with a DoD ID card (regardless of where they are stationed), including retirees and staff members, their guests, and CSUMB students (through a military-government partnership).*

*Outdoor Recreation is located in Lewis Hall (Building 228; Fort Mervine Place, PoM), and is open 8 a.m. to 4 p.m. Mondays & Saturdays; 10 a.m. to 6 p.m. Tuesdays, Thursdays and Fridays; and closed Sundays, Wednesdays, and federal holidays.*

*This spring, Outdoor Rec opens a new satellite location in Ord Military Community to provide even easier access to services for military families and students who don't routinely travel to PoM.*

*For more information, call (831)242-5506, email [info@pom-odr.com](mailto:info@pom-odr.com), or visit [www.mwrmonterey.com](http://www.mwrmonterey.com).*

***At right, snowboards available for rent are displayed on the main floor of the PoM MWR Outdoor Recreation facility at Lewis Hall. The program schedules monthly trips to resorts in South Lake Tahoe that include ski or snowboard rentals, transportation and lodging, with lift tickets and lessons available for purchase upon arrival (often, at a discounted rate for military customers).***





Employee profile:  
**Matthew Paruolo,**  
*Recreation Specialist,*  
*PoM DFMWR Outdoor Rec*

*Matthew Paruolo is a recreation specialist at JBLM MWR, and one of the newest members of the Outdoor Recreation program's staff. As the Adventure Programs manager, he also serves as an unofficial ambassador for outdoor recreation activities, helping service members and their families find healthy ways to escape stress and improve their quality of life. We asked him a few questions about his job, and what brought him to PoM.*

**When you were in college, did you envision a future career for yourself in the outdoor recreation field?**

"I was a literature major!" he said. Paruolo grew up in the San Diego area, and was introduced to the Monterey area through John Steinbeck's novels. He enrolled at California State University at Monterey Bay, and an internship with AmeriCorps led to a series of summer jobs with the Forest Service after graduation.

As an outdoor enthusiast, he found the work – which often included overnight hikes to remote locations in mountainous backcountry, suited him. Interpretive jobs, such as wildflower walks and fireside chats also appealed to his literary side.

"My daily commute was through Yosemite National Park for about two months of the year," he said.

**How did you find yourself at PoM?**

After a few years working summers for the park service and winters at ski resorts, Paruolo was looking for a permanent position when he saw the MWR job listed on [USAJobs.gov](http://USAJobs.gov), the federal government's employment website.

"I was like, 'I had no idea this job exists!' It seemed too good to be true," he said. Now, he leads trips for service members, families, and veterans to some of the same places he worked during his previous jobs.

**Did you have any military experience before you took the job?**

Not really - although he grew up in Oceanside, California, just outside Camp Pendleton. But one of his best friends is a Marine Corps veteran, and he's excited to have an opportunity to help service members, especially new enlistees.

"I know getting outdoors, connecting to the natural world is vital to my emotional and physical health, and I think most of the leadership here feel that way, as well."

Paruolo said some of his impressions about military service have changed since he started working at PoM. "That's the beauty of it, there really are all types and interests here. I wasn't totally naive before, but I've learned a lot."

**What should people know about the Outdoor Rec program at PoM?**

"We have the best MWR in the country, because we have the best backyard."





# INNOVATION TODAY & BEYOND

www.AmericanDreamU.org/pom

World Class Business & Career Advice from These Top Entrepreneurs

 <b>BRIAN JENNINGS</b> 13 Year NFL Veteran, CEO, Consultant, Care Center	 <b>JORDAN HARBINGER</b> Co-Founder, The Art of Charm, Inc.	 <b>OMAR ZENHOM</b> Co-Founder, The \$100 MBA & Webinar Ninja	 <b>COLEEN MCMANUS</b> VP Business Development, Spartan Race, Inc.	 <b>JOSH MANTZ</b> Tesla Motors, Veteran
 <b>TANYA VAN RICKLEY</b> Author & Founder of Sell Your ADK, CDF	 <b>CHAD GRILLS</b> Founder of Life Learning	 <b>PHIL RANDAZZO</b> Founder of American Dream U	 <b>NOAH SIDMAN-GALE</b> Head of Inside Sales at Gigster	 <b>LEON WILDE</b> CEO of Text Safe Teens

**Welcome Military, Spouses, Veterans, & Civilians**

American Dream U gives you the unique opportunity to get the best advice from our Nation's top business leaders...  
**FREE of charge!**

Join us to discover the tactics, techniques, and procedures you'll need to further develop your leadership skills, to land your dream career, or to start your dream business! If you're planning on transitioning out of the military in the near future or would like to enhance your leadership abilities, you won't want to miss this 2-day event! This event is open to all members of the Military Community: Military Personnel, Retirees, Veterans, Civilian Employees and Spouses.

## Schedule & Location

FREE to members of the Military Community: Military Personnel, Retirees, Veterans, Civilian Employees and Spouses.

<b>Friday, March 4th, 0900-1500</b> Glasgow Hall, Room 102 Naval Support Activity Monterey (NSAM)	<b>Saturday, March 5th, 0900-1300</b> Weckerling Center Ballroom Building 326 Presidio of Monterey
---	---

Register for free by visiting  
**www.AmericanDreamU.org/pom**

www.AmericanDreamU.org American Dream U is a tax-exempt 501(c)(3) nonprofit organization 782.233.2344

Disclaimer: No endorsement of this event or ADU is stated or implied by USAD-POM, NSAM, the Department of the Army, the Department of the Navy, or the Department of Defense.

# ADU offers seminars in March

**American Dream U press release**

American Dream University, a non-profit organization offering inspirational entrepreneurship workshops, will offer business and career seminars for service members, veterans, and their families in Monterey in March.

Guest speakers will share their experience working in a variety of industries March 4 from 9 a.m.- 3p.m. at Glasgow Hall, Room 102 on the Naval Support Activity Monterey campus, and March 5 from 9 a.m. - 1 p.m. at the Weckerling Center ballroom (Building 328) on Presidio of Monterey.

This event is offered free of charge to military service members, military spouses, veterans and civilian employees (*Please note: while this event is hosted by a private organization, events take place on military installations. You must be a DoD ID cardholder or be escorted by an ID cardholder as his or her guest to attend.*)

*Guest speakers:*

**Brian Jennings**, a former San Francisco 49er, 13-year NFL veteran, and two-time pro bowler. **Jordan Harbinger** speaks several languages, has worked for governments and non-governmental organizations around the world, and has been kidnapped - twice. **Omar Zenhom** is an entrepreneur and educator who co-founded "The \$100 MBA," an online business education community, and "Webinar Ninja," a software company. **Phil Randazzo** is the creator of American Dream U. **Chad Grills** is an Army veteran, entrepreneur, and author of several books, including: "Future Proof," and "Veterans: Rebuild America." **Joshua Mantz** is a retired infantry officer and wounded warrior who served as chief development officer for the National Veterans Wellness and Healing Center non-profit and is a human resources business partner with Tesla Motors. **Leon Wilde** is a Navy veteran, pilot and flight instructor who works in the aviation and the computer software industry and is CEO of Text Safe Teens. **Tanya Van Rickley** is an author, sales professional & ironman triathlete with over 20 years of sales and management experience. **Noah Sidman-Gale** is an entrepreneur who has founded and worked at a number of venture backed startups and is head of sales at Gigster.

For more information or to register, visit: [AmericanDreamU.org](http://AmericanDreamU.org).





## Best bang for your buck: *Free tax prep help at SJA Tax Center*

The PoM Tax Center is now open to assist active-duty service members (including reservist component personnel serving on active duty), military spouses, and military retirees with tax preparation services for the 2015 filing season.

Operated by the Staff Judge Advocate's Legal Assistance office, "volunteer" tax preparers receive IRS-provided training in current tax rules, filing guidelines, tax credits, and eligible deductions. "Volunteer" preparers receive training similar to those of a commercial tax preparer, but cannot assume "fiduciary responsibility"

for taxes they help prepare - in other words, volunteer preparers offer advice and assist in preparing documents to file, but the filer signs and assumes ultimate responsibility for the accuracy of his or her own return.

Appointments are available from 8-4 p.m., Monday-Friday. Drop-in services are also available for service members in grades E1-E4 without dependents (must have W2s documenting all income earned during the 2015 tax year). Electronic filing is available on-site. For information or an appointment, call (831) 242-7365.



# ***Military OneSource offers tax consults by phone, online filing***

Military OneSource helps service members and eligible family members by providing access to free financial counseling, tax consultations, and secure online tax preparation and filing.

Tax services are available to active-duty service members, National Guard and reserve members, spouses, dependent children, surviving spouses, and others.

Army, Air Force, Navy, and Marine Corps service members in the active and reserve components and their families can consult with a Military OneSource trained tax consultant, free of charge, by calling (800) 342-9647. Tax assistance is available by phone weekdays from 4 a.m. to 8 p.m. (5 a.m.-7 p.m. after April 15).

When you're ready to file, Military OneSource also offers free online access to self-paced tax preparation software. The program supports electronic filing of one federal and up to three state tax returns at no charge to the service member or family member using the service.

For more information about Military OneSource tax preparation services, visit: [www.militaryonesource.mil/financial-and-legal/taxes](http://www.militaryonesource.mil/financial-and-legal/taxes).

*Military OneSource services are not available to military retirees or Coast Guard personnel. Services are available for these personnel at the PoM Tax Center - see page 7 for details.*



## Look at This

If you can see the difference,  
you might be a hero



### See something, say something

Terrorists are very sneaky. They are trying to hurt us. Sometimes they succeed. But they don't have to. Not if you keep your eyes open. If you see something unusual, tell a parent, a teacher or a friend.



Always Ready, Always Alert  
Because someone is depending on you





# The REAL ID Act: *What You Need to Know*

## **DOD & staff reports**

You may be hearing about the REAL ID Act and its impact on access control measures at DoD installations.

But, what does that mean for service members and families at Presidio of Monterey?

In the short term, there will be little or no immediate impact to installation access for anyone issued a current DoD ID card (military service members, family members, retirees, civil service employees, and some contractors). The background checks conducted before your military ID was issued meet DoD access control requirements, regardless of what driver's license or non-driver's ID you carry.

However, new requirements will impact people requiring a visitor pass or sponsor to access secure military installations, including PoM.

The REAL ID Act of 2005 established minimum standards for the production and issuance of state-issued driver licenses and identification cards, beginning in January 2016.

Those requirements include requirements for a photograph and certain biographic information, such as name, DOB, gender, height, eye color & address).

Standard IDs from Illinois, Missouri, Minnesota, New Mexico and Washington are not compliant with the REAL ID act as of the January 1 implementation deadline (however, Minnesota and Washington state's "enhanced ID" cards are compliant).

Additionally, IDs from 24 additional states and three U.S. territories are currently non-compliant, but were granted (or are under review to receive) an extension to the enforcement deadline. *For a complete list of non-compliant IDs and current extension information, see the sidebar for a link to the [DHS "Real ID Act" information page](#).*

If you have a driver's license or ID from one of these states, here's what you need to know:



The illustration shows a California New Driver License for a female cardholder. The license includes the following information: DL 11234568, EXP 08/31/2015, LN CARDHOLDER, FN IMA, 2570 24TH STREET, SACRAMENTO, CA 95818, DOB 08/31/1977, RSTR NONE, SEX F, HAIR BRN, EYES BRN, HGT 5'-05", WGT 125 lb, DD 09/30/2010, and ISS 09/30/2010. The license also features a signature, a photograph, and a California Brown Bear logo. Red callout boxes highlight specific features: 'TACTILE, LASER ENGRAVED SIGNATURE' (The cardholder's signature is engraved with raised lettering that can be felt by touch.), 'CALIFORNIA BROWN BEAR' (Outline is visible when a flashlight is pressed against back of card.), and 'COLOR UV IMAGES' (Image is visible only under ultraviolet light.).

**DoD currently accepts California driver licenses and non-driver's identification cards as valid forms of ID for accessing military installations. The state received an extension to the REAL ID Act's requirements through Oct. 10, 2016. For a complete list of state IDs and their status regarding REAL ID act compliance at [www.dhs.gov](http://www.dhs.gov).**

*Illustration courtesy of the California Dept. of Motor Vehicles*



DoD will soon require visitors to military installations present a REAL ID license or identification to access military installations at visitor control centers. When implemented, visitors without a REAL ID will be asked to present a second form of additional identification (as specified in DoD Directive Type Memorandum (DTM) 09-012, Attachment 4):

- United States Passport or United States passport card
- Permanent Resident Card/Alien Registration Receipt Card (Form I-551)
- Foreign passport with a temporary I-551 stamp or temporary I-551 printed notation on a machine readable immigrant visa
- Employment authorization document that contains a photograph (Form I-766)
- In the case of a non-immigrant alien authorized to work for a specific employer incident to status, a foreign passport with Form I-94 or Form I-94A bearing the same name as the passport and containing an endorsement of the alien's non-immigrant status, as long as the endorsement has not yet expired and the proposed employment is not in conflict with any restrictions or limitations identified on the form.

- Current/valid driver's license from a Real ID Act-compliant state or state with a REAL ID Act extension for implementation
- Driver License or ID card issued by federal or local government agencies meeting REAL ID standards with photo, name, DOB, gender, height, eye color & address
- School identification card with a photograph
- U.S. Military or draft record
- U.S. Coast Guard Merchant Mariner Cards • Transportation Worker Identification Card
- Native American Tribal Document

All persons requesting un-escorted installation access will continue to be vetted through the National Crime Information Center, prior to being issued a locally produced ID or pass.

If a visitor does not have REAL ID Act compliant form of identification and can't provide supplemental documents, they must be escorted at all times while on the installation.

***If you have further questions about access control for visitor access to PoM, contact the Bolio Gate Visitor Center at (831) 242-7733 or -7731.***

## REAL ID & Air Travel

The Department of Homeland Security has announced that residents of all states will still be able to use a state-issued driver's license or identification card for domestic air travel through January 22, 2018.

Passengers can also continue to use any of the various other forms of identification accepted by TSA (such as a passport or passport card, global entry card, U.S. military ID, airline or airport-issued ID, federally recognized tribal-issued photo ID).

Travelers are encouraged to check the REAL ID compliance status of their state on the DHS website and review TSA's list of acceptable forms of identification.

Travelers may also check with their state's driver's licensing agency about how to acquire a REAL ID compliant license.

You can find a current list of state IDs and their status regarding REAL ID act compliance at <https://www.dhs.gov/current-status-states-territories>.



FreeImages.com (Vera Bedard)



# COMMUNITY CALENDAR

## Feb. 6

### UFC 196

Watch UFC 196: Werdum vs. Velasquez II at Hobson Recreation Center. \$5 admission, doors open at 5 p.m. Pay-Per-View broadcast starts at 7 p.m.

### Postwide Yard Sale

The next Mayoral Program post-wide yard sale is Saturday, Feb. 6, 10 a.m.-2 p.m. at the end of Joe Lloyd Way (OMC). For info, email [ordyardsale@gmail.com](mailto:ordyardsale@gmail.com).

## Feb. 7

### Superbowl Sunday

Watch the NFL Championship at Hobson Recreation Center. Free admission, door prizes, and half-time activities! Doors open at 1 p.m., kickoff is at 3:30 p.m. For info, call (831) 242-5377.

## Feb. 18

### 'Acing the interview' workshop

Make your best first impression with help from this "Acing the Interview" employment workshop; Feb. 18, 9 a.m.-noon in the ACS Gold Room (General Stilwell Community Center; Building 7620, OMC). Registration required. Call (831) 242-7660 to sign up.



## Feb. 5

### First Fridays at Weckerling Center and Hobson Rec Center

Students, families and guests - Enjoy a full night of dancing, karaoke, and open mic at Hobson Recreation Center on the first Friday of every month, beginning at 8 p.m.! The Java Café bar will open from 8-10 p.m. for ages 21 and over, only. Hosted by Better Opportunities for Single Service Members (BOSS).

Staff and cadre - The Weckerling Center bar opens from 4:30-6:30 p.m. the first Friday of every month for permanent party service members and civilians, only. Get to know your colleagues and enjoy the camaraderie! For more information, call (831) 242-6995 or 233-8248.



## Feb. 11 & 25

### BOSS General Meetings

All single service members are invited to attend PoM Better Opportunities for Single Service Members (BOSS) general meetings on the 2nd and 4th of every month, 4:30-6 p.m. at Hobson Recreation Center.

Find out about upcoming activities, events, volunteer service opportunities. For more information, contact Pfc. Shantel Phillips at [shantel.phillips@dliflc.edu](mailto:shantel.phillips@dliflc.edu).

## Feb. 11-14

### Birdies for the Brave

Complimentary tickets are available for the 2016 AT&T Pebble Beach Pro-Am (tickets valid Feb. 8-14).

Service members, military retirees and veterans can request four (4) complimentary tickets for use during the tournament at [birdiesforthebrave2.sheerid.com/attpebblebeach2016/](http://birdiesforthebrave2.sheerid.com/attpebblebeach2016/). There is an administrative fee of \$1 at the time of ticket purchase that will be used to verify military or veterans status.

Tickets can be used in any combination (ie: one each day, all four on one day, or in pairs) - however, the service member/veteran must be present and provide photo ID at the time their party is admitted to the event.

Event info: [attpbgolf.com](http://attpbgolf.com).

## Feb. 12

### Presidio Golf Tournament

The Presidio of Monterey Golf Tournament is Feb. 12 at Monterey Pines Golf Course. Shotgun start is 8 a.m. Format is a four-person scramble with prizes (top three teams, longest drive, and closest to the pin). Cost is \$60 for current & retired military, \$70 for DoD civilians, \$80 for non-military civilians. Fee includes golf cart, hamburger lunch, complimentary range balls. Registration closes Feb. 5. For more information, call Price Fitness Center at (831) 242-5557 or visit [pom-fmwr.com](http://pom-fmwr.com).

U.S. Army Garrison Presidio Of Monterey  
**GOLF TOURNAMENT**  
**FOUR PERSON SCRAMBLE**

**Friday February 12, 2016**  
Monterey Pines Golf Course  
**Registration:** 7:00–8:00 a.m.  
8:00 a.m. Shotgun Start

**\$60 Active Duty/Retired Military**  
**\$70 DOD Civilian**  
**\$80 Civilian**

Fee includes golf cart & hamburger lunch  
Complimentary Range Balls  
\$5 Mulligans (Maximum of 4 per Golfer added at time of payment)

**Prizes:**  
Top Three Teams,  
Closest to the Pin on all Par 3's  
Longest Drive on Hole #1

**Save \$5**  
by signing up before  
January 22

---

**Golf Tournament Registration Form**  
Fill Out Completely

1. First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Email \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zipcode \_\_\_\_\_

2. First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Email \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zipcode \_\_\_\_\_

3. First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Email \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zipcode \_\_\_\_\_

4. First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Email \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zipcode \_\_\_\_\_

Deadline to register is February 5, 2016. Late submissions will be put on a waiting list.  
Return completed entry forms with payment to Price Fitness Center, 2558 Mason Rd. Bldg. 842, Presidio of Monterey, Monterey, CA 93944-3413  
Cash, checks (made payable to "MWRP") and credit cards accepted.  
For more information please call Price Fitness Center at (831) 242-5557  
or e-mail Herb Beckett - [herbert.d.beckett.naf@mail.mil](mailto:herbert.d.beckett.naf@mail.mil) or Miguel Pablo - [miguel.c.pablo2.naf@mail.mil](mailto:miguel.c.pablo2.naf@mail.mil)  
Visit us online at [www.mwrmonterey.com/FFC](http://www.mwrmonterey.com/FFC)



## Feb. 12-14

### Ski/Snowboard Lake Tahoe

Ski or snowboard South Lake Tahoe! MWR Outdoor Recreation trip includes transportation, lodging, and all ski and snowboard equipment (skis/board, poles, boots, and helmet).

When you're not on the slopes, there's still plenty to do - lodging is on the Nevada State Line, with access to extensive amenities and nightlife options.

Cost is \$249 per person. Lift tickets are not included, but the resorts offer military discounts for ticket sales on site.

Registration is required. To RSVP, visit the Outdoor Recreation office at Bldg. #228-Lewis Hall (242 Ft. Mervine Place, PoM). Questions? Call (831) 242-5506.

## Feb. 16

### Home School Co-Op Meeting

The SLS Home School Co-Op brings homeschooling families together for joint learning opportunities.

Children enjoy enrichment opportunities in three areas - arts & crafts, technology exploration, and sports (please bring gym clothes) during regularly-scheduled monthly meetings at the Porter Youth Center.

Next meeting is Feb. 16, 9-11:30 p.m. Upcoming meetings: March 8, April 19, May 17.

Children must be registered with CYSS to participate. For more information, contact School Liaison Services at (831)242-6904.

For CYSS enrollment questions, call (831) 242-7765.

## Feb. 17

### Last day:

### T-ball, baseball, softball sign-ups

CYSS youth sports signups for Start Smart T-Ball (ages 3-4), T-Ball (ages 5-6), Coach Pitch (ages 7-8), Baseball or Softball (divisions offered for ages 9-10, 11-12, and 13-14 in each sport) close Feb. 17. Skills assessment is Feb. 27. Practices start Feb. 29. Regular season games are March 19-June 4.

Cost is \$60 for the first child, \$51 for each additional (for Smart Start only, \$20 for the first child and \$17 for each additional). Volunteers wanted - coach's children play for free! Call (831) 242-7809 or 242-4510 for more information.

## Feb. 18

### Third Thursday at CHOMP

Community Hospital of the Monterey Peninsula, Behavioral Health Services hosts self-development workshops on the third Thursday of every month.

This month's topic is "Loving Yourself" - self care, positive self regard, and regard for others, Feb. 18 from 5:30-6:30 p.m. at the Hartnell Professional Center (576 Hartnell St., Monterey; in the 2nd floor education room).

Next month's topic: "Combat negative thoughts" (March 17). Workshops are open to the public (ages 18+). Cost is \$20. Registration is required, call (888) 452-4667 (452-CHOMP) to sign up.

## Feb. 20

### Chinese New Year Parade

Travel to San Francisco's Chinatown for the west's largest Chinese New Year parade Feb. 20, with PoM Outdoor Recreation.

The parade has been designated one of the top-ten parades in the world by the International Festivals & Events Association. Buses depart Outdoor Recreation (PoM) at 1:30 p.m., and from General Stilwell Community Center (OMC) at 2 p.m. Parade begins at 5:20 p.m., and ends at approx. 8 p.m.

Experience this world-class celebration of Chinese culture, featuring acrobats, tea-tasting, arts & crafts, puppetry, and the Grand Dragon "Gum Lung" - comprised of a troupe of 100 martial artists - as it performs the ritual welcome dance.

To RSVP, visit the Outdoor Recreation office at Bldg. #228-Lewis Hall (242 Ft. Mervine Place, PoM).

Questions? Call (831) 242-5506.

Event info: [chineseparade.com](http://chineseparade.com).

## Feb. 29

### CPR/AED Certification

The Army Community Service - Employment Readiness program offers free CPR and AED training Feb. 29, 9 a.m.-1 p.m. at the Stilwell Community Center (CYSS conference room). Childcare will be provided. Participants who successfully complete the training will be issued a Basic Life Saver certification card.

CPR/AED classes are offered monthly (upcoming dates: March 28, April 25, May 30). Child care is available - child must be registered with CYSS. For more information or to register, call (831) 242-7510.



## March 10

### 'Beyond the Resume' workshop

Learn about the importance of personal branding, business cards, introducing yourself in social business situations, creating a reference sheet, e-cover notes, thank you notes and networking letters.

Registration required. Call (831) 242-7660.

## March 9-30

### Positive Parenting

Children don't come with an instruction manual! Learn how to create a stable and supportive family environment, teach your child to play well with others, and deal positively and decisively with parenting challenges at this four-week Positive Parenting workshop, meeting weekly on Wednesdays from 6-8 p.m. March 9-30. Registration is required, call (831) 242-7660.

Child care will be provided - child must be registered in CYSS. Call Parent Central Services at (831) 242-7765 for CYSS enrollment information

## Ongoing

### Parent Points

Did you know that you can earn Parent Points towards money off of your child care bill? Earn ten Parent Points and get 10% off of one child's bill! There are many ways to earn Parent Points - helping in your child's classroom, donating items, attending parent education classes and more. Contact the Monterey Road CDC at (831)583-1050 or Porter Youth Center at (831)242-7823 for more information.

## Designated Driver Shuttle

The BOSS program provides volunteer "designated driver" service to all service members living on PoM (excluded family housing at OMC or La Mesa) from 10 p.m. to 2 a.m. Fridays and Saturdays.

Service members needing a safe ride during those hours can call the SADD Hotline at (831) 601-7812 for a free shuttle ride to the barracks, no questions asked!

Names of those requesting rides are not documented.

*Want to volunteer? Email Lance Cpl. Kaylin Zastoupil at [kaylin.zastoupil@dliflc.edu](mailto:kaylin.zastoupil@dliflc.edu).*

## New Outdoor Rec & LTS hours

New PoM MWR Outdoor Recreation and Leisure Travel Services hours of operation, effective Jan. 19, are as follows -

Monday: 8 a.m.-4 p.m.  
Tuesday: 10 a.m.-6 p.m.  
Wednesday: closed  
Thursday: 10 a.m.-6 p.m.  
Friday, 10 a.m.-6 p.m.  
Saturday: 8 a.m.-4 p.m.  
Sunday: Closed.

Closed federal holidays.

For more information, call (831) 242-5506 or email [info@pom-odr.com](mailto:info@pom-odr.com).

## Alert Monterey County

Don't wait for disaster to strike! Get real-time updates from county emergency officials about severe weather, flooding, wildfires, and law enforcement emergencies - sign up for Alert Monterey County at [www.alertmontereycounty.org](http://www.alertmontereycounty.org).

## Update: PFC group fitness schedule

Price Fitness Center group fitness classes are scheduled as follows:

- Zumba, M/W/F from 5-6 p.m., SAT 11 a.m.-noon.
- Spinning, M/W/F, from 5-6 a.m.
- Brazilian Jiu-Jitsu (self-defense conditioning), T/F, 4:30-5:45 p.m.
- Circuit Training, Wednesdays from 6-7 p.m.
- Yoga, Thursdays from 5:15-6:15 p.m.

All PFC classes are free of charge. Registration is not required. Class schedules are subject to change — call (831) 242-5557 for current info.

## Sober Warriors Adventure Therapy

Sober Warriors Adventure Therapy (SWAT) is a new program that pairs substance abuse treatment with adventure sports activities to help participants to escape boredom and unhealthy social situations that can lead to substance abuse, while learning to appreciate the mental and physical health benefits of adventure sports and other outdoors or athletic activities.

If you're a service member struggling with alcohol or substance use, find out how ASAP can help. Call (831)242-7436 or -6960 to schedule an assessment, or visit the PoM ASAP website at [www.monterey.army.mil](http://www.monterey.army.mil).

## Suicide Prevention resources

### PoM Chaplain

On-call chaplain: (831) 915-1233

### National Suicide Prevention Lifeline

toll-free: (800) 273-TALK, or -8255

### Military One Source

24/7 support: (800) 342-9647





# Free Fort Ord Tours!

Saturday, Feb. 27

**Rain or shine!**

**Free & open to the public!**

Open House: 10 a.m. - 1:15 p.m.  
Building 4522; Joe Lloyd Way, Seaside  
(on the former Fort Ord)

*Buses leave at 10 a.m. or 11:45 a.m.*

**Directions:** Take Highway 1 to exit 406 (Lightfighter Dr.). Continue on Lightfighter Dr. past Gen. Jim Moore Blvd., then turn left on Col. Durham Rd. Turn left on 8th Ave., then turn right on Joe Lloyd Way and watch for signs - Bldg. 4522 is at the end of the road.

*Fort Ord was established in 1917 as a training ground for Soldiers stationed at Presidio of Monterey. Since the post was closed in 1994, the Base Realignment and Closure commission office has supervised efforts to restore 28,000 acres of property, and return the land to civilian control. That includes a massive cleanup of groundwater and soil contamination, munitions, and other environmental hazards from more than 3/4 of a century of continuous military and industrial use.*

*Learn more about the cleanup at the Community Involvement Mobile Workshop. Take a free, 90 minute guided tour of the landfill, soil, munitions and groundwater cleanup areas to learn how those efforts are protecting our community and preserving ecologically sensitive areas that were protected from development when those areas were under military control.*

For more info, visit [fortordcleanup.com](http://fortordcleanup.com) , or call (831) 393-1284.