

The PoM InBrief is a command-authorized publication for the Monterey military community, published monthly by the Presidio of Monterey Public Affairs Office.

We publish information of interest to all members of our community - including all service members, military families, civilian personnel, \& veterans who access services at our installation.

Story ideas and submissions of original material are always welcome - articles, photos and calendar items should be submitted by the 15th of the month prior to the intended month of publication.

## USAG PRESIDIO OF MONTEREY

Public Affairs Office
1759 Lewis Rd.
Monterey, CA 93944
www.monterey.army.mil
Phone: (831) 242-5555
Email: usarmy.pom.usag.mbx.pao@mail.mil

## In this edition:

News briefs:
Warhorse Day May 7
Language Day May 134
DLIFLC 75th Gala tickets on sale 5
Hall of Fame seeks nominations 5
Breakfast for the Brain 6
April-fooling around 8
IMCOM CG urges innovation, policy change 10
Easter Egg Hunt 12
CIDU celebrates 40th anniversary of anchor drop 14
Air Force AETC Commander visits 16
Sexual Assault Prevention Month 18
Pacific Grove salutes service at 'Good Old Days' 21
Earth Day 24
Celebrating Military Children 26
Commander's Fitness Challenge 29
Around the Presidio 30
Around the Services 33
Community Calendar 36

On the cover: Runners pass a Clothesline Project display during the Sexual Assault Awareness and Prevention Month color run at Presidio of Monterey April 29. Both events were part of a month-long program of awareness-raising events hosted by the Sexual Harassment/Assault Response and Prevention (SHARP) office. See page 18 for more coverage of these events. Photo by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO.

## Experience historical Fort Ord during ‘Warhorse Day’ May 7

Presidio of Monterey PAO staff report
MARINA - The 6th annual "Fort Ord Warhorse Day" is Saturday, May 7, from 11 a.m. - 2 p.m. at the Marina Equestrian Center Park California St. \& 9th St., Marina), hosted by Friends of the Fort Ord Warhorse and the City of Marina.
Admission is free and open to the public.
The event features a cavalry jumping and riding presentation by Fred Clink, U.S. Cavalry Association vice president, and a historical talk on the last U.S. Cavalry expedition, to seek Pancho Villa in 1916, by historian Jeff Wall.
Displays and reenactments will include civil war cannons firing, Buffalo Soldier reenactors, and historical blacksmithing demonstrations.
Child and family friendly activities will include a petting zoo, hands-on educational exhibits, and games for the whole family.
For more information, visit the Friends of the Fort Ord Warhorse website, at www.fortordwarhorse.orq.

## Bicycle tour:

Also May 7, the Friends of the Fort Ord Warhorse will conduct a guided, 11mile bicycle tour of Fort Ord National Monument and Fort Ord Dunes State Park, 9-11 a.m.
Cost is $\$ 2$ per person (bring your own bicycle and helmet).
For more information, call (831) 2244534, email fortordhistory@gmail.com.


## "Friends of the Fort Ord Warhorse"

From 1940-1942, more than 1,400 horses and mules assigned to military field artillery, cavalry, and quartermaster units were stationed at Fort Ord. When Fort Ord closed in the 1990s, the veterinary clinic buildings and surrounding property were deeded to the city of Marina to create the Marina Equestrian Center Park. In 2014, the Fort Ord Station Veterinary Hospital was added to the National Register of Historic Places.
The Friends of the Fort Ord Warhorse conducts events that preserve the Army's equestrian heritage, and to preserve access to this and other public spaces, including Fort Ord National Monument and Fort Ord Dunes State Park. For more information, visit their website: www.fortordwarhorse.org.

## ‘Language Day’ May 13; City language festival May 14-15

The Defense Language Institute's Foreign Language Center celebrates "Language Day" on May 13, 10 a.m. - 3 p.m., at the Presidio of Monterey.
This year, the DLIFLC Language Day celebration will be conducted in conjunction with the City of Monterey's 2nd annual "Language Capitol of the World" festival, May 14-15 at Upper Custom House Plaza.

Friday, May 13: DLIFLC Language Day
Originally known as the Army Language School festival, this celebration of world languages and cultures has happened at the school for more than 60 years.
Language Day features cultural performances and demonstrations on several outdoor stages, and tours of the school's classrooms. Food representative of many international cuisines will be available for purchase.

The event is organized and presented by DLIFLC students from every branch of the U.S. Armed Forces; Army, Marines, Navy and Air Force. Students are supported by teachers who come from all over the world and bring their languages, culture and passion to school.

Admission is free and open to the public. Parking will be available at Lower Presidio Park (from Lighthouse or Pacific Ave., use Artillery St. to access public parking areas). Shuttles are provided to the event.

More info: www.dliflc.edu/about/2016-language-day/

May 14-May 15: Monterey Language Festival

The 2nd annual "Language Capitol of the World" festival is May $14-15$ at Upper Custom House Plaza in downtown Monterey. The city's festival will celebrate the rich international culture of Monterey
with music, flags, international crafts and food, and dancers from many cultures, beginning with a procession down Alvarado Street and followed by entertainment and activities throughout the weekend.

## More information:

www.lcowfest.com



## DLIFLC 75th Anniversary Gala

The Defense Language Institute Foreign Language Center will celebrate the school's 75th anniversary with a gala event Nov. 5, 6-11 p.m., at the Hyatt Regency Monterey hotel.

This event is open to current and former DLI students, faculty, staff, supporters and their guests.
Tickets are on sale now. Prices are $\$ 75$ each ( $\$ 45$ for current faculty, and $\$ 35$ for current students) and can be purchased from the DLI Foundation website at dli-foundation.org.
(Discounted room rates at the hotel are available - see link on the event registration page).

## DLIFLC Hall of Fame

The Defense Language Institute Foreign Language Center is seeking nominations for its Hall of Fame, honoring those who have contributed significantly to language training or language usage within the Department of Defense.

Nominees can be any person who has made a lasting contribution to language training or military linguist operations within DoD, or whose actions reflect great credit on DLIFLC.
Nominations must be submitted by June 1, and include a detailed justification, 8"x10" portrait photo, and contact information for both the person submitting the nomination and the proposed honoree.

Details: dliflc.edu/about/hall-of-fame.

## Army Birthday Ball tickets

Tickets are on sale now for the Army Birthday Ball, scheduled for June 4, 6 p.m.-midnight, at the Hyatt Regency Monterey hotel.
All members of the local military community are invited to promote esprit d' corps, honor Army tradition, remember fallen heroes, and show their support for DLIFLC students and other Soldiers by taking part in this event.
This year's theme is "Army through the Ages," and is intended to be a fun, formal event. Dress uniforms or civilian attire representative of the "Roaring ' 20 ' $s$ " is encouraged.
More info: http://22gabb.com.


## BRAIN FOOD: Service members serve up 'Breakfast for the Brain'

Story and photos by Catherine Caruso, Presidio of Monterey PAO

MONTEREY - Presidio of Monterey personnel are among those serving up "brain food" for local children during Saturday morning tutoring sessions at the Naval Postgraduate School's Dudley Knox library.

The "Breakfast for your Brain" program provides educational presentations and one-on-one tutoring for local children in first grade through high school.
"I like to teach. I learn a lot from teaching.

I learn other people's learning styles, and I learn a lot I can apply to my own learning," said Spc. Eric King, Company A, 229th Military Intelligence Battalion, who is studying Arabic at the Defense Language

Institute Foreign Language Center and also tutors Addison Kirk, a Marshall Elementary School student, in 3rd grade mathematics.
King said tutoring math helps him decompress from the rigors of his own studies, but watching a younger student grasp concepts she previously struggled with is the biggest reward.
The program is managed by NPS students who serve on rotating appointments. Tutoring is available to all Monterey Bay -area students, regardless of military affiliation.
Volunteer tutors include military personnel, staff members and spouses from NPS and the Presidio.
"Some of our students have specific things they are working on," said Army Capt. Ryan Miller, the program's assistant director and an NPS student studying operational research and applied mathematics. "Other times the parent is just looking for that mentorship aspect."
Addison's mother, Amber Kirk, said recent changes in how math is taught has made access to the tutoring program invaluable for parents who learned math decades ago.
"It's challenging as a parent, because we're not in the class learning the 'behind the scenes,'" she said. "She's like 'Mom, how do I do this,' and I'm like 'Give me twenty minutes, I'm not sure anymore.'"

Once a month, NPS faculty kick off the tutoring session with a fun and informative 15-minute lecture on a STEM (science, technology, engineering and math) topic.
Another parent, Mahima Aggarwal, brings his children to the tutoring sessions because he wants to push their education beyond what they learn in the classroom.
"They are doing great academically, but I'm always looking for opportunities to enhance that," he said.
"Breakfast for your Brain" offers tutoring and mentorship for local students on Saturdays during the local school year, from 9-11 a.m. There will be a "Brain Gain" STEM presentation at the beginning of the May 7 session.

The last tutoring session of the 2015-2016 school year is May 21 . Tutoring sessions will resume for the 2016-2017 academic year in September.

## To request a tutor:

Email the child's grade and subject area requested to breakfastforyourbrain@nps.edu by $5 \mathrm{p} . \mathrm{m}$. on the Wednesday prior to the session you'd like your child to attend. Military affiliation is not required, but parents or guardians without installation access privileges should contact the organizers for sponsorship information prior to their visit.
To volunteer, email your name, contact information, and subjects/grade levels you are available to tutor to the organizers.


ABOVE, Navy Lt. Sam Chen, a graduate student in operational research and applied mathematics, tutors Angie Zawadzki, a high school senior, in trigonometry.
PREVIOUS PAGE, Army Pfc. Amber Rhodes (left), a DLIFLC student, tutors Mahima Aggarwal in math skills. Behind them, Spc. Eric King, a DLIFLC student, guides student Addison Kirk through a lesson in factoring multiplication while her mother, Amber Kirk, observes.




## IMCOM CG urges innovation, policy change during PoM visit

During a visit to Presidio of Monterey, Maj. Gen. Kenneth Dahl said garrison challenges won't be solved with more money or more people, and that he'll press for changes to Army policies that better align Installation Management Command's mission with fiscal and strategic realities.
Dahl, commanding general of the Army's

Installation Management Command, and IMCOM Command Sgt. Major Jeffrey Hartless visited the Presidio April 6 and 7 as part of a "boots on the ground" tour to get a first-hand look at issues affecting Army garrisons.
Garrison officials briefed the IMCOM
leaders on how Army-wide programs like privatized management of family housing

By Catherine Caruso, Presidio of Monterey PAO

in San Antonio, Texas, while the previous IMCOM CG, Lt. Gen David Halverson, stayed on as the ACSIM in Washington D.C.

Because he is in the HQ every day, IMCOM culture is not the way it was, he stated, and he intends to capitalize on opportunities for improvement and change in garrison operations.
"Lt. Gen. Dahl brings a big emphasis on leadership, telling us leaders need to be leaders, not managers," said Hugh Hardin, deputy to the PoM garrison commander. "He expects garrisons to allow leaders to actually lead their organizations and develop their subordinates, which means we find things to take off of leaders' plates to give them the time to do so."
Dahl said he has "a very strong appetite" to push for policy changes.
"I don't need more money and I don't need more people. I need to change policies," he said.
Programs get put in place for good reasons, he said, but the Army needs to re-evaluate them over time.
One area the Army is taking a hard look at is phasing-out single occupancy rooms in barracks, Dahl said.
Reducing costs is one reason. Barracks with private rooms cost more to build, maintain, and operate than more traditional dorm-style barracks.

Meanwhile, barracks renovated to the current " $1+1$ standard" (private rooms with shared kitchenette and living areas) house fewer troops, further increasing overall costs by requiring the Army build more barracks or move those personnel off-post.

But Dahl said there are reasons besides cost to consider returning to higherdensity living arrangements in Army barracks.
"When people aren't spending time with each other, breaking bread together, it affects teambuilding. It erodes the culture," Dahl said.
Improving health and resiliency is also his motivation for pushing dining facilities and AAFES food operations to offer healthier dining options.

During a visit to the Delta and Foxtrot Companies, 229th Military Intelligence Battalion barracks, Dahl asked Soldiers about the quality of meals at their dining facilities.

He said data from programs like the PoM's Performance Triad pilot are critical in helping convince logistics meal planners and AAFES officials that healthy eating isn't just important to Army leaders, it's something that service members want.
IMCOM's command team also visited the Presidio of Monterey Services Administration, a public agency which contracted to provide maintenance support to the Directorate of Public Works.
Agency employees highlighted several cost-saving measures they initiated that have produced significant energy savings to the Presidio of Monterey.
"It's a really great thing you have going here," Dahl said. "I'm not sure it would work everywhere. But what you have here is really special."
In his visits to installations, the CG sees a dichotomy in there being a standard level of service, a standard garrison organization, in 75 unique organizations.


ABOVE, Maj. Gen. Kenneth Dahl, IMCOM commander, shakes hands with Pfc. Sarah Reed, 229th MI Bn. during a tour of the barracks. Behind him, Command Sgt. Major Jeffrey Hartless speaks with Spc. Amber Moise, also of the 22gth.
"It's not a perfect match. It has to be tailored at every organization to meet the conditions, the environment, that you have," Dahl said. "That cannot be done at headquarters. It has to be done by you."

PREVIOUS PAGE, Dahl inspects moisture damage in a barracks room while discussing maintenance challenges created by Army budgeting issues.

Photos by Steven L. Shepard,
Presidio of Monterey PAO


A volunteer provides instructions during the March 27 Egg Hunt.


A family enjoys sunny spring weather outdoors at the Presidio RSO's Egg Hunt March 27 at Soldier Field.


A child picks up an the egg he found during the Easter morning Egg Hunt March 27 at Soldier Field.


Children prepare to take the field and race to collect the most colored eggs during the PoM RSO's Easter morning Egg Hunt March 27 at Soldier Field.

Cmdr. Andrew Newsome, Center for Information Dominance Unit commander, speaks April 14 to Sailors and guests celebrating the 4oth anniversary of the U.S. Navy dropping anchor on the Presidio of Monterey.

Photo by Amber Whititho bin OGELCPAO


CIDU celebrates anchor drop's 40th anniversais
By Patrick Bray, Defense Foreign Language Institute Foreign Language Center PAO is


Sailors from the Center for Information Dominance Unit and Defense Language Institute Foreign Language Center celebrated the 40th anniversary of the U.S. Navy dropping anchor on the Presidio of Monterey.

The U.S. Navy officially formed a detachment for their students at the Presidio in 1976 under the leadership of Navy Lt. Harry Rakfeldt, who attended the ceremony April 14.

In 1972, Rakfeldt arrived in Monterey as the Naval Security Group liaison and the highest ranking Navy officer on the Presidio.
"At that time we had 68 personnel. Some were over here. Some were over there," said Rakfeldt pointing to other buildings on the Presidio. "Some were living with the Army."

By 1975 there were more than 100 Sailors when a rear admiral from Washington, D.C., arranged for them to form a detachment.

Beginning as the Naval Security Group Monterey, it has changed names over the years.
As the first commanding officer, Rakfeldt wanted the Navy detachment to "mark its territory." He learned of an anchor sitting on the beach at the Naval Postgraduate School, also in Monterey, and arranged to have it moved.
"Shortly thereafter the first ever anchor on the Presidio of Monterey was set into a bed of concrete in front of the barracks. The United States Navy was here to stay and firmly anchored," said Rakfeldt.
The anchor was set in place July 14, 1976. Rakfeldt retired on July 31 of that year.

AT LEFT, Lt. Harry Rakfeldt, right, the first commanding officer of the U.S. Navy detachment on the Presidio of Monterey, drops anchor outside of the newly established Naval Security Group Monterey in 1976.

Rakfeldt, who attended a brief ceremony April 14 to commemorate the 40th anniversary of the Navy "dropping anchor" at the Presidio.

Photo courtesy of Navy Lt. Harry Rakfeldt (retired)


Retired Navy Lt. Harry Rakfeldt stands beside the anchor outside the Navy's Center for Information Dominance unit at the Presidio of Monterey April 14.

Photo by Amber K. Whittington, DLIFLC PAO
One detail Rakfeldt "forgot" when he was having the anchor moved was to inform the Army of his plan. When he retired, Army leaders at the Presidio and DLIFLC hinted at having the anchor removed. Rakfeldt was pleased to learn it is still here today, and that a second anchor has joined it.


The commanding general of the Air Education and Training Command visited Airmen at the Defense Language Institute Foreign Language Center March 29, as a part of a tour of one of the 10 major installations that he oversees in five states.
"I am very impressed with what you are doing here with these young Airmen," said Lt. Gen. Darryl Roberson, AETC commander, to Air Force leadership of the 517th Training Group at the Presidio of Monterey. There are currently more than 1,000 Airmen studying at DLIFLC, many of whom are first-term Airmen.

Roberson, accompanied by Chief Master Sgt. David Staton and his spouse Cheryl, received a command brief from DLIFLC Assistant Commandant Col. Keith Logeman who gave details of the type and rigor of foreign language training Airmen.
DLIFLC courses last from 26 to 64 weeks, depending on the difficulty of the foreign language.
"Our goal is to have motivated Airmen and give them the language of their choice (whenever possible)," he said.
"Currently, we have eight undergraduate schools and our instructors are mainly foreign-born," said Logeman
More than 60 percent of the Airmen go through a military Headstart program upon arrival to refresh their English grammar, teach them how to study and offer an introduction of culture for the language they will be studying, he said.
Roberson had the opportunity to visit with the 311th and 314th Training Squadrons where he met with essential staff and presented several Airmen with coins.


Air Force Staff Sgt. Donisha Lewis, accompanied by daughter Zuriel, salutes Air Force Lt. Gen. David Roberson at the 517th Training Group March 29 after receiving a commander's coin.

Sgt. Ryan Best, a Chinese Military Language Instructor, Staff Sgt. Donisha Lewis, a logistics specialist, and Capt. Kamisha Reeb, associate dean of the European and Latin American School all received recognition by receiving a commander's coin.
In an all-staff call, Roberson had the opportunity to compare the significance of the military cryptologic linguists to the symbolic monument of the Berlin Wall, three pieces of which adorn the central campus area.
"You will find ways to fill in the gaps, like the Wall, to deliver that vital intelligence to the rest of the Air Force," said Roberson, referencing the spaces between the Berlin panels on display. "I love the Berlin Wall. It is inspiring to me and represents what you do for us and the nation."

PREVIOUS PAGE, Lt. Gen. Darryl Roberson (second from left), AETC commanding general, speaks with 514th Training Squadron personnel March 29.

Photos by Amber K. Whittington, DLIFLC PAO




ABOVE, Army 1st Lt. Joy Palmer and Lingo, the Defense Language Institute Foreign Language Center mascot, decorated a shirt with a "Paws Off" message April 13 to displayed as part of 'The Clothesline Project.' The art installation is designed to encourage viewers to look past outward appearances and focus on the invisible damage caused by sexual assault.
TOP RIGHT, Service members also tied teal ribbons and planted teal flags around the installation to raise awareness about the problem. RIGHT, Tshirts created by members of the PoM community to share messages against sexual assault are displayed at the Tin Barn April 13. The shirts were created for "The Clothesline Project."


# Pacific Grove salutes service during 'Good Old Days' <br> Story and photos by Steven L. Shepard, Presidio of Monterey PAO 




PACIFIC GROVE - Known as "America's Last Hometown," a 59-year tradition here continues to showcase the small town charm on the Monterey Peninsula.
The annual Good Old Days Parade and Festival took place in downtown Pacific Grove April 9-10.
A parade down Pine Avenue is the traditional kick off for the two-day event This year, it was led this year by the Defense Language Institute Foreign Language Center Joint Service Color Guard and DLIFLC military marching units representing all four services.
Pfc. Vanessa Solt, Marine Detachment

Monterey, and Spc. Peter Young, 229th Military Intelligence Battalion were among the military visiting Monterey County's largest arts and craft festival.
"It's nice that they incorporate the service branches in events like this, it makes me feel welcome," Solt said.
For Army 1st Lt. Joy Palmer, officer in charge of the military marchers, it was a chance for DLIFLC to show off the professionalism its students.
"It is great to have this opportunity to be out within this small community that is in our backyard, and we are a part of, and to show them our best and our brightest," she
said. "I hope that being out here helps the community to appreciate the contributions that our military volunteers give back and spread awareness for those service members who are still overseas right now, fighting in harm's way to protect us."
In further recognition of their service, the Pacific Grove Chamber of Commerce provided free meals for active duty service members at the festival.

Find more photos on our Flickr:
http://www.flickr.com/photos/presidioofmontereyl


Pacific Grove saluted invited Defense Language Institute Foreign Language Center units to lead the kick off parade during the city's 59th Annual Good Old Days Festival April 9. After the parade, military personnel enjoyed the city's hospitality, including meals provided by the Pacific Grove Chamber of Commerce.

## Earth Day event brings environmental awareness

Story and photos by Catherine Caruso, Presidio of Monterey PAO

Water, water everywhere. And not a drop to spare. That's the reality on California's central coast, where ocean views abound but years of drought have left fresh water in short supply.
"You notice it right away," said Army Pvt. Elahney Barretto, a newly arrived student at the Defense Language Institute Foreign Language Center. "Even the toilets are specially made to save water."
Longtime resident Paul O'Leary, a DLIFLC resource manager, said he notices the impact of the water shortage every month, when he pays his utility bills.
"I stopped watering my lawn. I don't wash my car or clean my windows," he said. "I take 'Navy' showers."
Barretto, O'Leary, hundreds of others attended the Presidio of Monterey's Earth Day outdoor education and information expo April 28 to learn more about sustainability and ways to conserve resources and protect our environment.
Dozens of government and partner agencies shared information and provided hands-on activities to promote environmental awareness at the event.
"Cigarette butts are actually a huge issue," said Kelly O'Meara, Ahtna Engineering program director for the PoM stormwater management program. "All of these storm drains flow directly into the bay."
Elkhorn Slough is California's largest tract


Stephen Morton, assistant urban forester for the City of Monterey Parks Division, plants a native California Buckeye tree during the Presidio of Monterey Earth Day event April 28.
of tidal salt marsh outside San Francisco Bay, and is home to two dozen endangered or threatened species.
The slough is not only important to local conservation efforts, but also a source of natural beauty and recreation opportunities, said Scott Nichols,
communications manager for the Elkhorne Slough Foundation.
"We have the reserve, there's five miles of hiking trails, and a visitor's center. The Elkhorn Slough Foundation also protects 4000 acres throughout the watershed," he said.

Ralph Laver, a member of the Fort Ord Recreation Trail Friends, shares the current Fort Ord National Monument trail map with Seamen Chris Pittman (right) and Catherine Henderson April 28 at Presidio of Monterey. Both Sailors are assigned the U.S. Navy Center for Information Dominance Unit at the Presidio.


Kayaking, fishing, and birdwatching are also available from public access points along the slough, he said.
"Nature is here, just waiting for you to explore it!" said Ralph Lauer, Fort Ord Recreation Trails Friends, a non-profit organization that supports 86 miles of hiking, mountain biking and horseback riding trails at Fort Ord National Monument

El Nino related ocean current and weather changes brought unusually heavy rains this winter, followed by a profusion of wildflowers and blossoming plants this spring, Lauer said.
"It's a beautiful time to be out there," he said.
At the booth run by PoM's environmental
program, Public Works staff members focused on an issue that strikes even closer to home - recycling.
Or more specifically, the recycling bins outside every barracks building, office and residence on the installation.
"Probably the biggest problem we have is service members commingling trash in the recycling containers," Lenore GroverBullington, environmental division chief, said.
Army garrisons are required to divert at least 50 percent of all trash generated on post from landfills.
"If there's garbage in the recycling bin, we have to treat the whole bin as trash," she said.


## 363 u.s. Operational

Ranges or Range
Complexes in the Inventory


Waste Generated


249,086 Acres Protected a 31 Army Compatibl Use Buffer Installations

## 0

1,353
Active Cleanup Sites
U.S. Army Environmental Command graphic


The Presidio of Monterey celebrated the service and resiliency of military children while raising awareness for child abuse prevention during its "Celebrating Military Children" festival April 2 at Porter Youth Center.
April was designated the "Month of the Military Child" in 1986, by then-Secretary of Defense Caspar Weinberger to underscore the important role children play in the Armed Forces community.
"It's important to celebrate our military children and their bravery," said Betty Fox, Outreach Services director for Child, Youth and School Services at PoM.
The festival offered kid-friendly activities and information about parent resources, CYSS programs, and child abuse prevention.
"Although young, these brave children stand in support of their military parents through regular moves and deployments," Fox said.



An artist paints a butterfly painted on Madeline Prough's face by during a festival at Porter Youth Center April 2, part of the Presidio of Monterey's Month of the Military Child observance.


ABOVE: Ashley Vrolyks holds a chicken at the petting zoo during the "Celebrating Military Children" festival April 2 at Porter Youth Center.

Photo by Al Macks, Presidio of Monterey PAO
AT RIGHT, CLOCKWISE FROM TOP: Festival goers admire classic cars (top), gather information (far right), and enjoy hands-on exhibits (right).

Photos by Martin Odom, Presidio of Monterey MWR


## COMMANDER'S FITNESS CHALLENGE

The end of the quarter is almost here! Who's closing in on the Fitness Championship Cup?
The commander's fitness challenge is open to all service members and civilian employees assigned to Presidio of Monterey, contractors who work on the installation, and their families (ages 18 and older). Teams of up to ten people can report weekly "activity minutes" to compete for recognition and other prizes!
Each quarter, the leading team will be named the Garrison Commander's Fitness Challenge Champions and their names will be inscribed on a permanent trophy, which will be displayed in their work or unit area until the next champions are named.
Ready to take the challenge? Contact Miguel Pablo, DFMWR Sport \& Fitness Manager, at (831) 601-3136 or miguel.c.pabloz.naf@mail.mil.

## Around the Presidio

## Off-Limits Establishments

The Garrison Commander has identified establishments offering goods and services that are inconsistent with good order and discipline.
Military personnel are prohibited from conducting business with, and entering the premises of the off-limits establishments listed, as follows:
Mary Jane's Novelties,
744 Lighthouse Drive, Monterey
Norcal Smoke Shop,
765 Lighthouse Drive, Monterey
Twisted Roots,
492 Alvarado Street, Monterey, and
265 Reservation Road, Marina

## My Care Giver,

554 Lighthouse Avenue, Monterey
Santa Cruz Patient Collective,
115 Limekiln St., Santa Cruz
MediLeafCollective,
1321-B First Street, Gilroy
Indian Summer,
220 Oliver Street, Monterey
WoIMen's Alliance for Medical Marijuana, 309 Cedar Street, Santa Cruz

Also:
Patronage of unlicensed tattoo parlors is prohibited.

## PMSA heroes honored for life-saving actions



When a staff member of the Defense Language Institute Foreign Language Center went into cardiac arrest, Presidio of Monterey Service Agency employees Ed Leon (left) and Fred Pagan responded quickly, calling for medical aid and performing CPR, actions that may have saved her life. Army Col. Phillip Deppert, DLIFLC commandant, presented them with Commander's Award for Public Service April 7. Photo by Amber K. Whittington, DLIFLC Public Affairs.

## Spouse Appreciation Day, Newcomer Fair May 11



The 3rd annual Military Spouse Appreciation Celebration and Newcomer's Fair is May 11, 10 a.m. to 1 p.m., in the General Stilwell Community Center (Building 4260; Gigling Rd., OMC).

Enjoy a day of pampering, rest and relaxation while learning more about the local area and services available to members of our military community.

Also: The Monterey Bay Military Housing Mayoral Program is hosting a "most decadent dessert" competition during this event.

Competitors should bring 12 to 24 servings of their most delicious dessert to the judging table no later than 11 a.m. to take part in the contest.

## Catch the Oakland A's in action: Tickets on sale now at Outdoor Rec

Morale, Welfare and Recreation has tickets available for Oakland Athletics baseball home games.
Scheduled games include the A's versus the Los Angeles Angels (June 17), Pittsburgh Pirates (July 2), Toronto Blue Jays (July 16), Boston Red Sox (Sept.
3), Texas Rangers (Sept. 23).

Tickets are $\$ 45$ each ( $\$ 65$ for the Yankees game). Seats are in lower box sections 105-108 \& 127, or "foul ball" territory, and tickets must be purchased
in pairs (limit 4 per game, per person) Transportation and parking are not included for these games.
Also, MWR is selling tickets for a trip to see the San Francisco Giants versus the Los Angeles Dodgers, June 12, for $\$ 75$ per person (transportation included).
Outdoor Recreation and Leisure Travel Services is located in Lewis Hall; Building 228 , PoM. For more information or to purchase tickets, call (831) 242-5506.

## Community Job Fair May 19

More than 100 employers will participate in the next annual Community Job Fair, May 19 from 9 a.m.-noon at General Stilwell Community Center. This annual employment fair attracts more than 1000 job-seekers and is co-hosted by the ACS Employment Readiness Program and its community partners.

Participation is free and open to the public! Veterans and military spouses are encouraged to attend. For more information, visit www.communityjobfair.org.


Over 100 Employers Thursday May 19

## 9am-Noon

General Stilwell Community Center 4260 Gigling Rd. Seaside

## Open to the Public

Veterans \& Military Spouses Encouraged to Attend
Employers Register for a Free Booth at: www.communityjobfair.org

For more information call ACS Employment readiness at 831-242-7510 Persons who require special accommodation are requested to call 831-796-3626 at least seven days prior to the event.


## Nominations open through May 26 for ACS volunteer recognition program

Presidio of Monterey PAO staff report

Army Community Service is accepting nominations for its annual Installation Volunteer Recognition awards.
Service members, family members, and civilian employees who volunteer for official and officiallyrecognized installation activities, such as Army Community Services, MWR Outdoor Recreation, and the Monterey Bay Military Housing Mayoral Program, are eligible to be recognized for their service and support to the Presidio of Monterey community through this program.
"We would like to hear about how the nominee's service contributes to a need in the Military community, how they demonstrated leadership and initiative, whether they exceeded desired results, or if there was a significant impact on the community through their volunteer service," said Toni McIntyre, Survivor Outreach Services (SOS) Support Coordinator and point of contact for the installation volunteer recognition program.
To nominate a volunteer, download the nomination at www.pom-fmwr.com/fmwr/index.php/ family/acs/volunteer-program (or email toni.l.mcintyre.civ@ mail.mil to request a copy). Nomination forms can also be picked up at the ACS welcome desk (Gen. Stilwell Community Center, OMC), and returned in person or by fax.
Nominations should include a memo describing the volunteer's service, and how that service meets needs in the Monterey military community.
Nominations will be accepted through May 26 for presentations to take place in June and July.
For more information, call (831) 242-6890 or email toni.l.mcintyre.civ@mail.mil.

## Mandarin students hit Weckerling kitchen for Chinese cooking, culture lessons



Students of Mandarin used their developing language skills to create a meal while becoming better acquainted with Chinese culture at Weckerling Center April 7. ABOVE, from right, Seamen Brian Wood, Anastasia Mason, and Gracie Smith from the Defense Language Institute Foreign Language Center Asian School I cook Chinese food. LEFT, Seaman Samantha Waldrop shows off her handiwork while making wontons, a type of Chinese dumpling.
Photos by Amber K. Whittington, DLIFLC PAO

## Around the Services

## Navy updates uniform policy re: tattoos, ballcaps

One tattoo allowed on the neck. Tattoo cannot exceed one inch in any direction.

No longer restricts size or amount of tattoos on arm.

No longer restricts size or amount of tattoos on leg.
****Tattoos must not be be racist, sexis extremist or indecent nor bring discredit upon the naval service. Additionally, tattoos shall not advocate discrimination based on sex, race, religion, ethnicity, or national origin


An illustration depicting recent changes to U.S Navy tattoo policies per NAVADMIN 082/16.
U.S. Navy photo illustration by Mass Communication Specialist 2nd Class Lorenzo John Burleson

WASHINGTON - In response to feedback from the fleet and senior enlisted leadership, the Navy announced two changes to its uniform policy in NAVADMIN 082/16, released March 31.
First, the Navy is updating its tattoo policy and will authorize Sailors to have one tattoo on their neck that does not exceed one inch in any direction, and visible tattoos below the elbow or knee (no longer restricting their size or number). Also, Sailors with sleeve tattoos can now be assigned to Recruit Training Command and Recruiting Command positions

No tattoo located anywhere on the body can be prejudicial to good order, discipline and morale, or be of a nature that brings discredit upon the naval service.
More information on these changes, which go into effect April 30, can be found in NAVADMIN 082/16.

The updated instruction also authorizes commands to wear a coyote-brown command ball cap with the Navy Working Uniform Type II and III.
Complete information on Navy uniform policy and regulation can be found at www.public.navy.mil/bupers-npc/support/uniforms/ Pages/defaultz.aspx

Chief of Naval Personnel Public Affairs

## Air Force 2016 photo contest: Submissions open May 1-30

JB SAN ANTONIO-LACKLAND, Texas Air Force-affiliated photographers and artists can enter the 2016 Photo and Art Contest, sponsored by the Air Force Services Activity.
"My Air Force Life in Focus" is this year's theme for the photo contest, which will be accepting submissions May 1-30.
The contest is open to all authorized patrons of Air Force force support squadron programs, including Airmen and Air Force family members. Winning entries in each category will receive gift cards: $\$ 300$ for first place; $\$ 200$ for second; and $\$ 100$ for third.
Adult awards will include novice and accomplished subcategories. Youth awards will be presented for teens (ages 13-17); pre-teens (ages 9-12); and children (ages 6-8).
Three photography experts will serve as judges, to evaluate and score entries based on creativity, impact and technical proficiency, Hillard said.

For more information, visit www.myairforcelife. com/arts/.

Steve Warns, AFCEC Public Affairs

## Marine rose above obstacles to earn NASA top spot

WASHINGTON - Though a great and many challenges tried his determination, Charles "Charlie" Bolden has risen among the few and proud to become chief administrator of NASA and one of the most successful Marines in modern history.

Bolden grew up in Columbus, South Carolina, where he aspired to attend the U.S. Naval Academy after watching a television program called 'Men of Annapolis.' He succeeded - but got off to a rocky start when he realized Annapolis was still segregated. There were also few black cadets at the academy.
"I called my mom and dad every weekend and said, 'I made a mistake and I want to come home.' My dad would tell me to stay one more week, and he did that for 52 weeks," Bolden said.
"I think the thing that saved me were two Midshipmen who were juniors in my company," said Bolden. "They paid me a visit one day and said, 'You know you're not going to graduate.' I asked, 'What makes you think that?' They said, 'We are going to make it so hard on you and run you out.' I said 'Okay, good luck with that.'
"Right at that moment I determined, 'I don't give a crap what this place is like. I'm not going home.'"
Bolden graduated in 1968 with an electrical science degree and was commissioned a 2nd lieutenant. After graduating infantry basic school, he decided to become an aviator, flying more than 100 combat missions in southeast Asia. After qualifying as a test pilot, he applied to the space program in 1979.

Bolden spent 14 years as an astronaut. He flew on the space shuttle four times, as a commander and a pilot.
"Traditionally astronauts wear a blue and gold name tape. We insisted on a scarlet and gold name tape, a Marine Corps name tape, that we wore with our Naval Aviator Insignia of gold," Bolden said. "Anytime I went anywhere, if it was possible, I would wear my uniform so people would know that I was a Marine."

Bolden retired at the rank of major general after 34 years in service in 2004, and appointed NASA's as it's 12th and current administrator in 2009.

Sgt. Melissa Karnath, Defense Media Activity


Astronaut and Marine Maj. Gen. Charles F. Bolden Jr. (retired), in his 1991 official portrait. Bolden served 34 years in the Marines as a Naval aviator, including 14 as an astronaut. NASA photo

## Navy takes aim at pirates

STENNIS, Miss. - Every week the U.S. Office of Naval Intelligence tracks pirate activity worldwide and posts details to benefit the international maritime community on the ONI public wide site, www.oni.navy.mil//ntelligence-Community/Piracy.

The office produces two products, the Piracy Analysis Warning Weekly (or PAWW) and the Worldwide Threat to Shipping (WTS).
PAWW is a weekly rundown of activities in the world's piracy hotspots - the Horn of Africa, the Gulf of Guinea on the west coast of Africa, and Southeast Asia, including piracy events for the past week and weather forecasts for each of the three regions.
WTS provides info on piracy threats to and criminal action against, merchant vessels worldwide in the last 30 days, and a compilation of pirate and illegal activities worldwide.
The Navy meteorology and oceanography community is working to develop models that can help identify when, where, why, and under what conditions piracy and at-sea armed robbery is most likely to occur.

The Navy Information Warfare Community is working to ensure assured access in international waters, a key Navy responsibility. For more news from Navy Information Dominance Forces, visit www.navy.mil/local/navidforl

George Lammons,
Navy Information Dominance Forces PAO

## Army opening infantry, armor jobs to women

WASHINGTON - Since April, all positions in 19 series armor, 11 series infantry, and 13F forward observer specialty are open to women.

This means all of the traditional combat-arms branches are now open to both female officers and enlisted.

Women who enlist for the newlyopened specialties will ship to basic combat training later this year, said Brig. Gen. Donna W. Martin, deputy commanding general for operations, U.S. Army Recruiting Command.

The Army wants officers and noncommissioned officers in place before new female Soldiers head to infantry and armor units.
Female officers will go through their combat arms basic courses later this fall and then they'll head to their units, and women who enlist for the newly-opened jobs will ship to their basic combat training locations "after we get the female leaders in place," Martin said.
Last year, the 12B combat engineer and 13B and 13D artillery military occupational specialties opened to women.


Soldiers participate in the U.S. Army Special Operations Command's Cultural Support Assessment and Selection program. Soon, Special Forces could be opened to female Soldiers. Infantry and armor series opened up April 1, 2016.
U.S. Army photo by Staff Sgt. Russell Klika
"We haven't seen a flood of young women who want to join the combat arms," but this is about the opportunity and women understanding there are no barriers stopping them from selecting any career they choose in the Army, Martin said.
Martin said she suspects that over time, the trend could change as women enter combat arms specialties and serve as role models.
"Look at the three female Rangers who completed Ranger school. I think young girls are saying 'if they can do it, I can do it too,'" she said.

David Vergun, Army News Service

# Army studies MRE impact on gut health 

NATICK, Mass. - The U.S. Army Research Institute of Environmental Medicine's Military Nutrition Division is studying ways to improve gut health and prevent gastrointestinal illness among Soldiers operating in austere environments.

To do this, USARIEM researchers have recruited volunteers to eat nothing but Meals, Ready to Eat for three weeks.
"What emerging science suggests is that the bacteria living in our gut can have a large impact on physical, mental and general health, not only in our warfighters but in everyone," said Dr. J. Philip Karl of USARIEM.
A nutrition scientist and the study's principal investigator, he said improving gut health could help optimize military health and performance.
"A common problem some of our warfighters face when they travel overseas to regions where sanitation is not as high quality as it is in the U.S." Karl said.
Creating an
environment that allows healthy gut bacteria to flourish helps those organisms "outcompete" bacteria that can cause discomfort or illness, he said.


For the first time, researchers from the U.S. Army Research Institute of Environmental Medicine are finding ways to leverage gut bacteria, like in the picture above, in warfighters to help prevent gastrointestinal illnesses during deployment and training.

Photo courtesy of Pacific Northwest National Laboratory

## Community Calendar

## May 6

## First Friday

Staff and cadre - The Weckerling Center bar opens the first Friday of every month from 4:30 to 6:30 p.m. for permanent party service members and civilian employees, only. Students \& guests - Enjoy dancing, karaoke, and open mic at Hobson Recreation Center the first Friday of every month, 8 p.m.-close. Java Café bar is open $8-10 \mathrm{p} . \mathrm{m}$. for ages 21 and over.

## May 7

## Kayaking on the Bay

Kayak Monterey Bay, 9 a.m. to 12:30 p.m., with MWR Outdoor Recreation. Kayaks and life-jackets provided. Cost is $\$ 35$ per person. Register at the Outdoor Recreation office; Building \#228 (Lewis Hall; 242 Ft. Mervine Place, PoM) or call (831) 242-5506.

## May 7

## Warhorse Day

The 6th annual "Fort Ord Warhorse Day", is 11 a.m. to 2 p.m. at the Marina Equestrian Center Park (California St. \& 9th St., Marina). Also: bicycle tour of Fort Ord National Monument and Fort Ord Dunes State Park, 9 to 11 a.m. Admission is free, and open to the public. See page 3 for details.

## May 7

## Post-wide Yard Sale

The next Monterey Bay Military Housing Mayoral Program post-wide yard sale is 10 a.m. to $2 \mathrm{p} . \mathrm{m}$. at the end of Joe Lloyd Way, Seaside (OMC). Early-bird passes are a $\$ 5$, or $\$ 10$ at the gate. To reserve a spot or purchase an early-bird pass, register through May 6 at the Mayoral Program desk, inside Army Community Services (General Stilwell Community Center, OMC).

Desk hours: For April 25 to May 5; Mon. and Wed. 10 a.m. to 1 p.m., Tue. and Thu. 6 to 8 p.m. For May 6; 10 a.m. to 1 p.m. and 6 to 8 p.m.

## May 7, 14 \& 21

## 'Breakfast for your Brain'

Free tutoring in all STEM-A (Science, Technology, Engineering, Math, and the Arts) subjects is available for students in grades K-12 at the Naval Postgraduate School's Dudley Knox library, Saturdays through May 21. During the May 7 session, NPS faculty will also present a 15-minute "Brain Gain" experiment. To request a tutor, email breakfastforyourbrain@nps.edu with your student's grade and subject area before 5 p.m. the Wednesday prior to attending.

This opportunity is open to all students in the local community, with or without military affiliation - for installation access information, email the organizer.

## May 7

## Fort Ord: Impact Area Hike

Explore the historical Fort Ord Impact Area. Guided hikes are scheduled from 9 a.m. to noon, hosted by the Fort Ord Base Realignment and Closure (BRAC) office.
The route will show areas that have been burned of vegetation and cleared of munitions and explosives of concern. Participants can choose a 1 mile hike (easy walk) or a 2 mile hike (with grade changes). RSVP required - email names of all participants to melissa.m.broadston.ctr@mail.mil.

Participants under age 18 must have a parent or guardian with them, or bring a signed safety waiver with them to the event. For more information and a copy of the safety waiver, visit www.fortordcleanup.com.


May 7

## History Hunt

All members of the Monterey community are invited to take a free tour through historic Monterey on a History Hunt, noon to 5 p.m. in downtown Monterey.
Pick up a history hunt packet any time after 11:30 a.m. inside Colton Hall (Pacific St., between Jefferson and Madison St.) or the Custom House (Custom House plaza, at the entrance to Fisherman's Wharf).
Participants will have three hours to answer 20 questions about local history while touring historical sites, then join other contestants at the Monterey Public Library for a party, refreshments and awards.
For more information, visit www.historicmonterey.org or call Colton Hall Museum at (831) 646-5640.

## May 7 \& 8

## 'Swinging in Monterey'

Monterey Peninsula Voices will present "Swingin' in Monterey", a show based on the USO performances of the 1940s. Performances are May 7 at 7:30 p.m. and May 8 at 4:30 p.m. at the Santa Catalina School Performing Arts Center.
The concert is presented in a radio-show format that includes commercial jingles, ballroom dancers, a short radio drama, and MC Jim Vanderzwaan, and the $100+$ voice choir will be accompanied by Paul Contos' Big Band.
Tickets are available free of charge for service members and veterans (with a small service charge for processing) at www.mpvoices.org.

## May 12 \& 26

## BOSS General Meetings

Single service members are invited to attend PoM Better Opportunities for Single Service Members (BOSS) general meetings on the 2nd and 4th Thursday of every month, 4:30 to 6 p.m. at Hobson Recreation Center.
For more information, contact Pfc. Shantel Phillips at shantel.phillips@dliflc.edu.


## May 11

## Spouse Appreciation \& Newcomer Fair

The 3rd annual Military Spouse Appreciation Celebration and Newcomer's Fair is 10 a.m. to 1 p.m. in the General Stilwell Community Center (Building 4260 Gigling Rd., OMC).

Enjoy a day of pampering, including complimentary massages, makeovers and refreshments, while learning more about the local area and community services available to members of our military community.
More info: facebook.com/events/1743604762528398/.
Also: The MBMH Mayoral Program will host a "most decadent dessert" competition during the event. To compete, bring 12-24 servings of your most delicious dessert to the judging table no later than 11 a.m. For more information, email mayoralprogram@gmail.com.

## May 13

## Language Day at DLIFLC!

Learning a foreign language opens windows to the world! Celebrate languages and cultures from around the globe at the DLIFLC's Language Day celebration, from 10 a.m. to 3 p.m.

Enjoy outdoor entertainment, cultural exhibits, classroom demonstrations and lectures, provided by DLIFLC military language students and staff.
This event is free, and open to the public! (Limited public parking will be provided from lower PoM).
Please dress for the weather; bring sunblock, water, and cash for food vendors, and leave large bags and backpacks at home.
Details: www. dliflc.edu.

## May 14

## 'Escape from the Rock' Bay Cruise

Gaze at the beautiful city of San Francisco's while aboard a Blue \& Gold Fleet Cruise vessel, and relive 150 years of history on this narrated tour. Then, spend the afternoon enjoying sights and shops at Pier 39 and San Francisco's Fisherman's Wharf.
Price: $\$ 60$ per person. Registration is required. For info, stop by the Outdoor Recreation office at Bldg. \#228-Lewis Hall ( 242 Ft. Mervine Place, PoM) or call (831) 242-5506.

## May 14

## Financial Readiness training

ACS financial readiness training can help you make informed decisions about future debt, retirement savings, estate planning and more, 8:30 a.m. to 12:20 p.m. at the Tin Barn (PoM).

This training is open to all military personnel, civilian employees, and their families. Service members in an initial entry training status and their spouses are especially encouraged to attend.
To register, call (831) 242-5501 or email
clifford.o.thornburg.civ@mail.mil.

## May 17

## Home School Co-Op

The School Liaison Services (SLS) program will bring homeschooling families together for enrichment opportunities in arts \& crafts, technology exploration, and sports, 9 to 11:30 p.m. at Porter Youth Center. For more information, call (831)242-6904.

## May 18

## Sunset Kayak Trip

Enjoy an evening kayaking Monterey Bay, home to many species of marine mammals, fish, sharks, birds, sea turtles and other wildlife.

Trips depart from the Outdoor Recreation Office at Lewis Hall (PoM) and launch at the wharf.

This tour uses sit-on-top kayaks that are very stable, but expect to get wet (particularly while entering and exiting your kayak).
Cost is $\$ 35$ per person, and includes a personal flotation device (splash jackets are available to borrow at no additional cost, if desired). For info, call (831) 242-5506.

## May 30

## CPR/AED Certification

The ACS Employment Readiness program offers free cardiopulmonary resuscitation (CPR) and Automated External Defibrilator (AED) training monthly.
The next session is 9 a.m. to 1 p.m. at the Stilwell Community Center (CYSS conference room). Training is conducted by the PoM Fire Dept. Additional dates: June 27, July 25, Aug. 29, Sept. 26, Oct. 24, and Nov. 28, 2016.
Participants who successfully complete the training will be issued a Basic Life Saver certification card.
Spaces are limited. Registration is required. Child care is available - must be registered with CYSS. For more info or to sign up, call (831) 242-7510.

## May 19

## Community Job Fair

More than 100 employers will participate in the next annual Community Job Fair, from 9 a.m. to noon at General Stilwell Community Center (4260 Gigling Rd. Seaside), OMC.
This annual employment fair attracts more than 1000 job-seekers each year, and is co-hosted by the ACS Employment Readiness Program and several community partners. Participation is free and open to the public!
Veterans and military spouses are especially encouraged to attend.


## May 20

## PoM Golf Tournament

The Presidio of Monterey Golf Tournament is at Monterey Pines Golf Course. Cost is $\$ 60$ for active and retired military, $\$ 70$ for DoD employees and $\$ 80$ for civilians. Includes golf cart, hamburger lunch, and complimentary range balls. Mulligans are $\$ 5$, limit four. Prizes for top three teams, closest to the pin (par 3 's), and longest drive (first hole).
Registration deadline is May 13, visit the event page at www.pom-fmwr.com/fmwr/. Questions? Call (831) 2425557 or email herb.d.beckett.naf@mail.mil.

## June 1 \& 2

## Suicide Prevention Training

ACE Ask, Care, Escort (ACE) training is the Armyapproved suicide prevention and awareness training model. The classes are June 1 (Post Theater), 3 to 4:30 p.m. and June 2 (OMC Chapel), 9:30 to 11 a.m.

This is mandatory training for all Army civilians assigned to Presidio of Monterey, and open to all Soldiers, Leaders, Civilians, and Family Members.
For more information call (831) 242-6810 or 242-6960.

## June 16

## 'Beyond the Resume'

Learn about the importance of personal branding, business cards, introducing yourself in social business situations, creating a reference sheet, e-cover notes, thank you notes and networking letters in this ACS workshop. Call (831) 242-7660 for more information or to register.

## News briefs

## New ID Section hours

Customer service hours for the PoM ID card section are now 7:30 a.m. to 1 p.m. and 2 to 4:30 p.m.,
Monday-Friday (closed federal holidays). The office is located in Building 616, Taylor Hall (412 Rifle Range Rd., PoM). For ID card services, bring two forms of ID (one must be government issued). Appointments are strongly encouraged.
For more information and a link to the online RAPIDS appointment system, visit: www.monterey.army.mil/ Human Resources/id card.html.

## Become an FCC provider!

Family Child Care program child care providers earn an income while working from home, and even while staying home with their own children. FCC offers training, support, and funds to help interested military spouses establish their own in-home child care business. For information, call (831) 242-5820.
Please note: All military housing residents caring for other families' children a total of 10 hours per week or more must be registered as FCC providers.

## Youth Karate \& Jiu-jitsu

Develop your child's physical ability and confidence with Karate and Jiu-jitsu classes, Tuesdays \& Thursdays from 5:30-6:30 p.m. at Porter Youth Center (4283 Gen.Jim Moore Blvd., OMC). For children ages 5-18. Cost: $\$ 80$ per 3-month session, $15 \%$ discount for each additional child. Registration is required, call (831) 242-7823 or visit webtrac.mwr.army.mil. Questions? Contact instructor Tyler Owens at (831) 241-8795.

## Parent Points

Did you know you can earn Parent Points creditable for a discount on your Monterey Road Child Development Center child care bill by helping in your child's classroom, donating items, attending parent education classes, and other volunteer activities?
Get $10 \%$ off of one child's for every ten Parent Points earned.

For more information, call Monterey Road CDC at (831) 583-1050 or Porter Youth Center at (831) 2427823.

## Coaches wanted!

Child, Youth \& School Services (CYSS) is seeking volunteer coaches to support youth sports teams throughout the year.
Volunteer packets are available at Parent Central Services in General Stilwell Community Center (Building 4260, OMC).
For more information, call (831) 242-7809 or -4510.

## Price Fitness Center group classes

Spinning, Mondays and Wednesdays, from 5-6 a.m.
Judo, Mondays and Wednesdays, 4:45-6 p.m.
Line dancing, Mondays, 5-6 p.m.
Zumba, Wednesdays and Fridays, 5-6 p.m.
Brazilian Jiu-Jitsu, Tuesdays and Fridays, 4:45-5:45 p.m.

## Circuit Training, Wednesdays, 6-7 p.m.

Tae Kwon Do,
Thursdays 4:45-6 p.m. and Saturdays 9:45-11 a.m.
Yoga, Thursdays from 5-6 p.m.
Schedule is subject to change. Call (831) 242-5557 for current program information.

## ON MEMORLAL DAY

TAKE TIME TO HONOR THE Ceplacl/ OF FALLEN SERVICE MEMBERS
\& REMEMBER THEIR SACRIFICES FOR OUR NATION.


