

ARE YOU READY?

YOUR BODY IS

YOUR SKIN IS

YOUR MOUTH & THROAT ARE

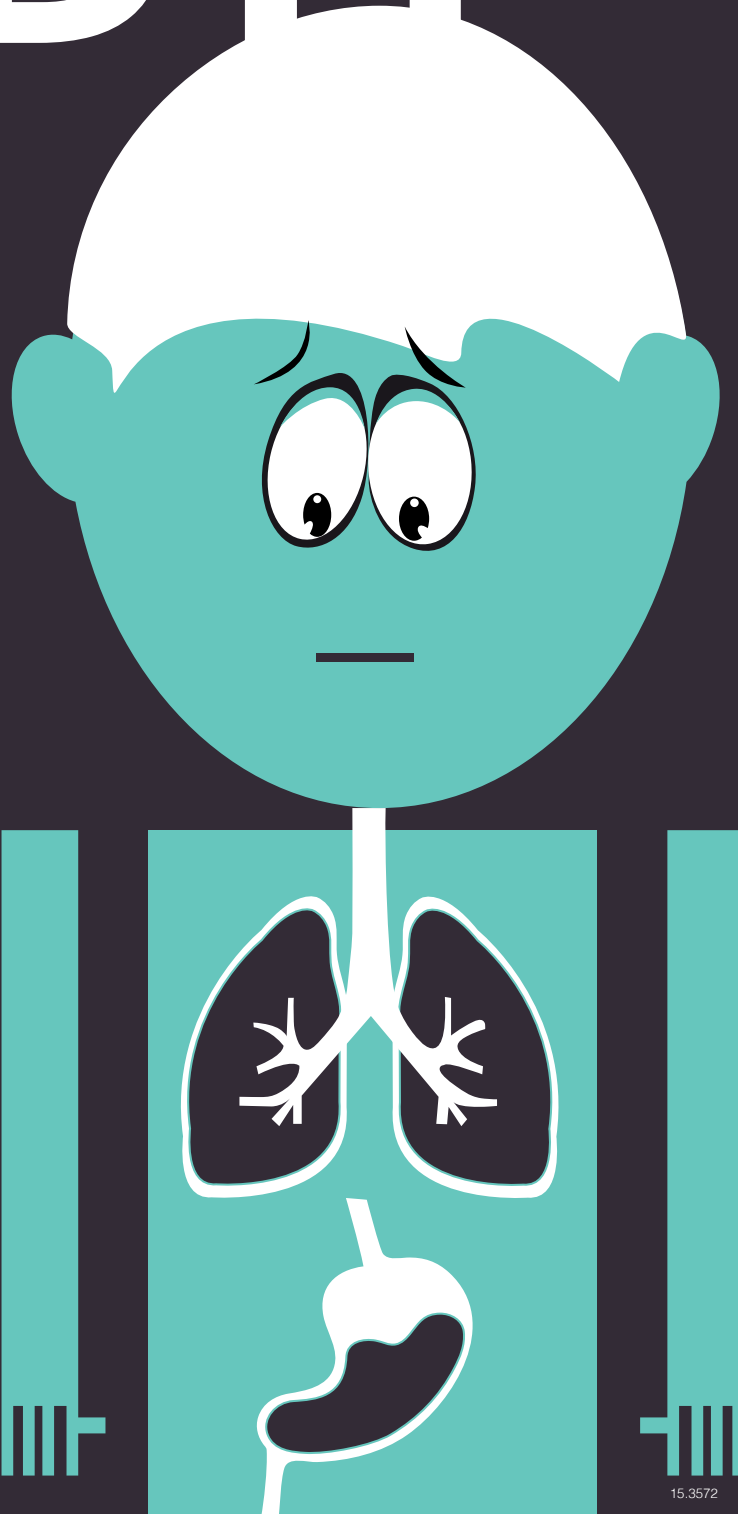
YOUR LUNGS ARE

YOUR STOMACH IS

BE A QUITTER

THE PATH TO A SMOKE-FREE YOU IS JUST A CLICK AWAY...

FOH.HHS.GOV/QUIT



PSC

Fedstrive

FEDERAL
OCCUPATIONAL
HEALTH